

West Yorkshire Countryside Directory for People with Disabilities

Third Edition

Whatever your needs, access to and enjoyment of the countryside is rewarding, healthy and great fun. This directory can help you find out what opportunities are available to you in your area. Get yourself outdoors and enjoy all the benefits that come with it...

With a foreword by
Alan Titchmarsh MBE DL



Co-financed by



This directory was designed for people with a disability, though the information included will be useful to everyone.

West Yorkshire has a diversity of landscape and culture that is unsurpassed in England, from wild moorland and iconic reservoirs to superb city nature reserves. It is hardly surprising then, that the local countryside has so much to offer to so many people. It is more than worth taking that first step and getting yourself involved, regardless of your abilities.

For people interested in wildlife and conservation there is much that can be done from home or a local accessible area. Whatever your chosen form of countryside recreation, whether it's joining a group, doing voluntary work, or getting yourself out into the countryside on your own, we hope you will get as much out of it as we do.

There is still some way to go before we have a properly accessible countryside. By contacting Open Country or another of the organisations listed here, you can help to encourage better access for all in the future.



Open Country

This Third Edition published Summer 2016

Foreword

“

Having been born and brought up in the Yorkshire Dales and in later life living in Hampshire and the Isle of Wight, I know at first hand the therapeutic and healing qualities of the countryside. I simply could not exist without the ability to gaze upon trees and meadows, hills and valleys, rivers and the seashore, and they are something from which we should all be able to benefit regardless of our personal mobility. This directory aims to make that wish come true. I hope you find it a useful helpmate and that it will help you to get closer and feel more at one with our amazing British landscape.

”

A handwritten signature in black ink, appearing to read 'Alan Titchmarsh', with a long, flowing horizontal stroke extending to the right.

Alan Titchmarsh MBE DL

Using the Directory

Throughout the Directory you may see some symbols. These are to help you see what kind of facilities or information is available. Please also contact individual places to ask what they can offer people with disabilities.

Key:



Accessible parking is available



A wheelchair accessible toilet is available



Scooters / wheelchairs are available for loan



Large print leaflets are available



A Braille guide is available

West Yorkshire covers a large geographical area. Sometimes we divide sections into areas to make it easier for you to find local information.

These areas are:

- Leeds
- Bradford
- Calderdale
- Kirklees
- Wakefield



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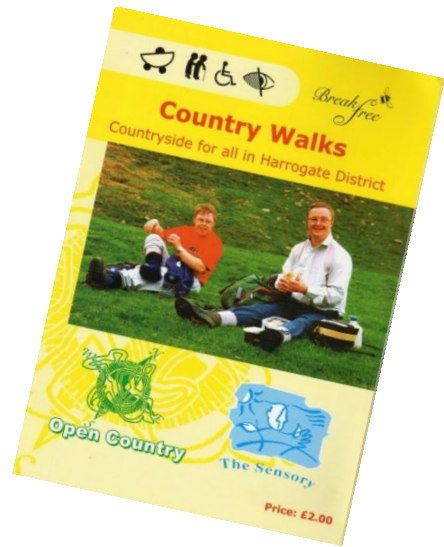
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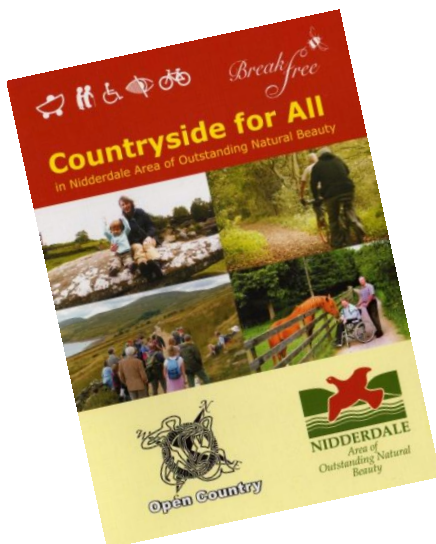


Open Country have produced four *Breakfree* packs for Harrogate District, Nidderdale AONB and Wharfedale (web-based).



Great for short walks, nature trails, children, cycles and people with disabilities.

The packs have clear, colour maps for each place, with all the information you need to help plan your day.



Call Open Country on 01423 507227 and we will gladly post them to you.

Breakfree: get healthy and discover your local green space!

Walking Clubs & Contacts

General Contacts

Disabled Ramblers

www.disabledramblers.co.uk

The disabled ramblers use a wide range of equipment to enable people with disabilities to enjoy countryside outings across the UK.

Living Streets

Email: info@livingstreets.org.uk
www.livingstreets.org.uk

A national charity which aims to get people to enjoy the benefits of walking. They have teamed up with Groundwork Wakefield & Leeds to encourage people to get involved in guided walks, environmental themed activities and Street Audits. Contact Claire Wright Tel: 01924 302458 (Wakefield) or Jane Halladay Tel: 0113 238 0601 (Dewsbury).

Ramblers Association

Tel: 020 7339 8500
Email: ramblers@ramblers.org.uk
www.ramblers.org.uk

The Ramblers Association provides information, publications and promotes walking for all throughout England, Wales and Scotland.

Open Country, Harrogate

Tel: 01423 507227
Email: info@opencountry.org.uk

Open Country runs two different walking clubs suited to different abilities:

- The **Walking Group** consists mainly of people with learning disabilities and mental health issues. They meet twice a month for cross-country rambles of about 7-9 miles.
- The **Easy Going Walking Group** meets once a month for 2-3 mile walks along fully accessible paths, so the walks are suitable for everyone, including wheelchair users.

Walking for Health

Tel: 020 7339 8541
Email: walkingforhealth@ramblers.org.uk
www.walkingforhealth.org.uk

Walks take place in the local community, lasting between 30 and 60 minutes, mainly on level ground and are led by trained volunteer walk leaders. You can use the website to search for a walk near you. There are several walks in the West Yorkshire area; some are wheelchair accessible.

Walking Clubs & Contacts

Bradford

Countryside Guided Walks

Contact: Countryside & Rights of Way Service
Tel: 01274 432666
www.bradford.gov.uk



The council run a programme of guided walks in the Bradford District, of varying lengths. There are also several self-guided walking routes you can download from their website. If you do not have access to the internet the Countryside and Rights of Way Service will be happy to print off your chosen route and post it free of charge.

Ilkley Moor

Contact: Tracy Gray (Project Officer)
Email: projectofficer@ilkleymoorg.org
www.ilkleymoorg.org

The Friends of Ilkley Moor run an Events and Learning programme which includes guided walks. The moor has rough terrain and can be steep in places.



Keighley Healthy Living

13 Scott Street, Keighley, BD21 2JH
Tel: 01535 677177
Email: admin@khl.org.uk
www.khl.org.uk

Keighley Healthy Living run a range of activities and exercise programmes to help you lead a healthier lifestyle, including regular walking groups.

Walking Clubs & Contacts

Senior Wayfarers Bradford

Contact: Irene Tearne (Secretary)

Tel: 01274 671682

Email: contact@seniorwayfarers.org.uk

A walking club in Bradford for retired folk, of all ages, who enjoy walking, socialising and, above all, having fun (non-retired also welcome). All walking abilities welcome; walks range from 3 to 10 miles.

Walk from Home

Contact: Laura Hogarth (Walk from Home Co-ordinator)

Tel: 01274 395144

Email: wfh@ageukbradfordandddistrict.org.uk

www.ageuk.org.uk/bradfordandddistrict

Age UK's 'Walk From Home' project aims to improve the health and wellbeing of older people who have lost confidence because of falls, declining mobility or isolation. The project helps older people regain confidence by walking with them near their homes and in the local area.

Calderdale

Calderdale Council

Contact: Julie Swift

Tel: 01422 284415

Email: julie.swift@calderdale.gov.uk

www.calderdale.gov.uk/leisure/activities/walks

The council's Countryside Team organise a programme of guided walks including, health walks, longer, more challenging walks and family walks. Some of the health walks are accessible for wheelchairs and pushchairs. There are also a series of self-guided natural history walks starting from Calderdale libraries which can be downloaded from the council's website.

Marsden Moor

Contact: The National Trust

Marsden Moor Estate Office, Station Road, Marsden, HD7 6DH

Tel: 01484 847016

Email: marsdenmoor@nationaltrust.org.uk

www.nationaltrust.org.uk/marsden-moor-estate

The National Trust run a guided walks and events programme for the Marsden Moor Estate. The walks are over the moors where the going can be tough, though there are walks suitable for different abilities, including family walks and slower paced walks. For some walks and events booking is required, so please ring the office for information. Health Walks are run on the 2nd and 4th Wednesday of each month.

Walking Clubs & Contacts

Walk it Together with CREW

Contact: Julie Stott (CREW Trustee)

Tel: 01422 397370

Email: juliecstott@hotmail.co.uk

www.crewheartsupport.co.uk

CREW Heart Support Group is a registered charity that provides a programme of led walks throughout Calderdale to suit people of all ages and abilities. The walks are a great way to be more active, improve your health and make new friends.

Kirklees

Kirklees Council

Tel: 01484 225618

Email: simon.pedley@kirklees.gov.uk

www.kirklees.gov.uk/leisure/sportHealth/walking

The council run a range of walking activities including short group walks and Nordic walking.

Kirklees Walking For Health

Contact: Gill Logan (Sport & Physical Activity Development Officer)

Tel: 01484 234094

Email: gill.logan@kirklees.gov.uk

Kirklees Walking provides a varied programme of health walks designed to get local people into regular walking. The walks are suitable for all ages and abilities, particularly if you have not walked regularly for some time. They are also a great way to meet new people and enjoy a chat whilst doing something that can benefit your health in the fresh air.

Leeds

Feel Good Factor

53 Louis Street, Chapeltown, Leeds, LS7 4BP

Tel: 0113 350 4200

Email: office@fgfleeds.org

www.fgfleeds.org

Feel Good Factor have been supporting people for over 10 years to improve their health and wellbeing. Based in Chapeltown, they work with communities all across Leeds providing activities, projects and services to improve access to health opportunities for some of the most vulnerable and disadvantaged. They have a few walking groups to choose from. The walks are gentle and a great way to get out more and socialise.

Walking Clubs & Contacts

Leeds Civic Trust

7-19 Wharf Street, Leeds, LS2 7EQ

Tel: 0113 243 9594

Email: office@leedscivictrust.org.uk

www.leedscivictrust.org.uk

Runs guided walks and events exploring the history and heritage of Leeds.

Leeds Health Walks

Tel: 0113 270 6903 / 0113 2863656

Email: info@healthforall.org.uk

www.healthforall.org.uk

An independent group supported by Health for All, Leeds. Run entirely by volunteers, the scheme engages up to 100 people each week in regular enjoyable, accessible health walks.

Otley Walking Festival

Tel: 01943 851166

www.otleywalkingfestival.co.uk

A week-long annual walking festival in late June, with a wide choice of events from strenuous moorland hikes to wheelchair accessible walks.

West Leeds Walks

Contact: Richard Smith (Chair)

Tel: 07976744358

Email: richardsmith2@hardrockers.com

www.e-voice.org.uk/wlwg

Short, local group-led health walks around the West Leeds Country Park and Green Gateways.

Wakefield

Wakefield Council

Tel: 01924 303980

Email: countrysideinterp@wakefield.gov.uk

www.wakefield.gov.uk

The council's 'What's On' guide lists countryside events in the Wakefield area including guided walks. You can also download a series of short walks from the council's website. The council also coordinate regular health walks aimed at people of all abilities and fitness levels:

- Contact: Lindsey Nicholson, Tel: 01924 306069
Email: lindseynicholson@wakefield.gov.uk

Walking Clubs & Contacts

Permissive access

<http://cwr.naturalengland.org.uk>

Increasingly, permissive rights of access are created under the Department for Environment, Food and Rural Affairs (DEFRA) farm conservation schemes. On their website you can find details and maps of more than 1,800 walks and rides and areas of open access, though only a small proportion have access for all. Printed copies are held by some councils. These rights of access are often only for a few years, and more are being added. Currently there are only three DEFRA sites with 'Easy Access' in West Yorkshire:

- **Fairburn Ings RSPB Reserve** Grid ref: SE 451272
A 1.5 mile linear walk along the River Aire at the wetland reserve near Castleford. Car parking, accessible toilets and visitor centre (see the *Wildlife & Conservation* section - page 71).
- **Penistone Hill** Grid ref: SE 025370
A 0.6 mile walk through the country park, a former quarry near Howarth. Car park off Dimples Lane. Wheelchair access to the pond via a sandstone path and recycled boardwalk section. Limited wheelchair access to geological features.
- **Rodley Nature Reserve** Grid ref: SE 234362
A 1.5 mile walk through a lovely nature reserve in the Kirkstall Valley flood plain adjacent to the River Aire and the Leeds-Liverpool Canal. Parking and accessible toilets. Limited opening times (see the *Wildlife & Conservation* section - page 72).

Open Access

Tel: 0845 100 3298 (Open Access Contact Centre)

Email: openaccess@naturalengland.org.uk

www.gov.uk/right-of-way-open-access-land/use-your-right-to-roam

Under the Countryside and Rights of Way Act 2000 (CRoW), the public can walk freely on mapped areas of mountain, moor, heath, downland and registered common land without having to stick to paths. This major new right to walk freely over mapped 'access land' was completed across England on October 31st 2005. The new right of open access includes using a wheelchair or mobility scooter. Clearly, most areas will not be very accessible, but you can view the CRoW maps for further information, or give the Contact Centre a call. Access land is shown on the new OS maps with the symbol below.



Easy Going Walks

Please note that paths are subject to natural erosion and their quality may vary over time. Maintenance of the paths should be on-going. Please ring your local council's Access Officer or Open Country if you would like to report or comment on any accessible paths.

Bradford

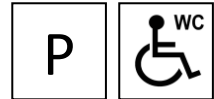
Ilkley Riverside

Map: OS Explorer 297

Grid ref: SE 117480

Tel: 01432 507227

www.opencountry.org.uk/breakfree.html



A 1½ mile circular walk along the River Wharfe, starting at Brook Street car park in the town centre where there are accessible toilets.

Alternatively there is roadside parking along New Brook Street. You can download the walk route from our online 'Breakfree' pack above. Manor House Museum is 100 yards away in the Castle Yard; ground floor only accessible to wheelchair users, 1 step down – call 01943 600066 for more information (closed to the public at the time of writing).



Easy Going Walks

Ilkley Tarn

Map: OS Explorer 297 Grid ref: SE 117471
Off Wells Road, Ilkley Moor, LS29 9RF
Contact: Bradford District Council
Tel: 01274 432111



Located on Ilkley Moor, the tarn was developed by Victorians as an ornamental feature; they would skate on the lake in the winter months. Accessible toilets in the town centre (Brook Street car park) and a car park at the top of Wells Road. Cross over the road from the car park and turn up Crossbeck Road, take the path immediately on the right and go through the gate. The path is wide and has a tarmac surface suitable for wheelchairs, though there is rather a steep climb up to the tarn and a strong pusher is required. Once at the Tarn there is a flat, circular walk with plenty of seating.

Keighley (Redcar) Tarn

Map: OS Explorer OL21 Grid ref: SE 039422
Blackhill Lane, Keighley

The surfaced perimeter path is about a third of a mile long. Picnic tables and benches along the route and parking off Blackhill Lane.

St Ives Estate

Map: OS Explorer 288 Grid ref: SE 099388
Harden, near Bingley, BD16 1AT
Contact: Bradford Parks Service
Tel: 01274 431000



A wonderful country park with woodlands, open moor, and a wildflower meadow. The path around Coppice Pond is wheelchair accessible and has a duck feeding platform. Accessible play area, café and small visitor centre (limited opening hours).

Calderdale

Cromwell Bottom Local Nature Reserve

Map: OS Explorer 288 Grid reference: SE 124223
Contact: Calderdale Countryside Services
Tel: 01422 288001 (Council Contact Centre)
www.calderdale.gov.uk/leisure/openspaces/naturereserves

The reserve is accessed from the A6025 (Elland Road), Brighouse. Turn along a road by the side of Cromwell House (a large red brick building), then left under a height barrier into a small car park. The reserve is signposted from the far end of the car park. A mix of woodland, wetlands and grasslands, and rich in plants and wildlife. Situated next to the Calder and Hebble Navigation, the River Calder runs through the reserve. The

Easy Going Walks

reserve has many paths suitable for wheelchair access which are generally smooth with no steep gradients. A RADAR key is required to open the gate fully to allow easier access.

Hardcastle Craggs

Map: OS Explorer OL21 Grid ref: SD 988294
Contact: National Trust Estate Office
Tel: 01422 844518
Email: hardcastlecraggs@nationaltrust.org.uk
www.nationaltrust.org.uk



A beautiful wooded valley with deep ravines and way marked walks, passing the 18th century Gibson Mill. Some access for disabled visitors along the main track, though it is rough in parts and a strong companion is advised - contact the Estate Office for information. Accessible picnic tables at the car park. Sensory trail. Accessible shop, cafe and parking at Gibson Mill – prebooking required.

Ogden Water

Map: OS Explorer OL21 Grid ref: SE 066308
Contact: Calderdale Countryside Services
Tel: 01422 249136
www.ogdenwater.org.uk



Turn off the A629 Halifax to Keighley road at the Causeway Foot Inn. There is parking on three levels by the site entrance. Wheelchair users may park by the toilet block and dam wall if prior arrangements are made. Other Blue Badge parking is available at the entrance to the main car park. The level 1¼ mile walk around the reservoir is fully accessible. There are a number of paths through the woodland but these are not wheelchair accessible. Picnic areas and accessible toilets are on site.

Leeds

Chevin Forest Park Scooter Route

Map: OS Explorer 297 Grid ref: SE 204446
Contact: Leeds City Council
Tel: 01943 465023
www.chevinforest.co.uk



Disabled parking at the White House reached via Johnny Lane, Otley (off Birdcage Walk) and a long winding driveway. Scooter available for hire from the White House Visitor Centre; book ahead. There is a 1km linear route, which can be muddy and uneven in places; other Chevin routes may be suitable for scooters (see the Chevin Forest Park website above). Café, field study centre and ranger station. Accessible, changing places toilet. Heritage and Geology Audio Trails available from the website.

Easy Going Walks

Eccup Reservoir

Map: OS Explorer 289

Grid ref: SE 306417

On the outskirts of Leeds, access off the A61/Harrogate Road

A tarmac road (used by vehicles) follows on to a 3 mile route that leads around two sides of the reservoir. A more tranquil accessible footpath leads from the dam to Reservoir Lodge on the southern side of the lake. There is a red kite viewing area near the dam. No parking on site, although you can park on the roadside with care near the dam.

Gallows Hill Nature Reserve

Map: OS Explorer 297

Grid ref: SE 211457

Access is from Mill Way, off Pool Road, Otley.

The reserve occupies a strip of land on the south side of the River Wharfe, east of Otley. Car park with height barrier. Good wheelchair accessible paths around the site. You can cross the Wharfe and continue your walk along Wharfemeadows Park, which is paved. By the weir there is a café, children's playground and accessible toilet (Radar key required).



Golden Acre Park

(See the *Outings* section - page 29)

Kippax Linesway

(See the *Cycling* section - page 55)

Easy Going Walks

Lotherton Hall Estate

Map: OS Explorer 289
Tel: 0113 2813259

Grid ref: SE 450360



Captain Wood Walk is a 1km circular route through mixed broadleaved woodland. There is also an accessible path to a deer hide (see the *Outings* section - page 30).

Middleton Park

(See *Outings* – page 30 and *Wildlife & Conservation* – page 75)

Temple Newsam

(See the *Outings* section - page 32)

The Harland Way - Spofforth to Thorpe Arch Cycle Path

(See the *Cycling* section - page 57)

The Historic Otley Ale Trail

www.otleypubclub.co.uk/the-ale-trail



Something completely different. A walking history tour of Otley's famous pubs. Maybe one for a wet or snowy day, or as part of a tour of Otley Chevin or Wharfemeadows Park (see previous page). Leaflets available in Otley pubs and at the library on Nelson Street. Accessible toilets on Orchard Gate (RADAR key required) and at the library during opening hours. Plenty of car parks in town and Blue Badge parking on Kirkgate.

Waterloo Lake, Roundhay Park, Leeds

Map: OS Explorer 289
Contact: Leeds City Council
Tel: 0113 2661850

Grid ref: SE 333377



Much of the park is accessible with tarmac paths and easy gradients. A 2.5km circular walk, around Waterloo Lake is mainly level, but there are a few barriers around the water's edge. Benches and rest places en route. Car park at the end of Park Avenue. Café with accessible toilet.

Yeadon Tarn

Map: OS Explorer 288
Contact: Leeds City Council
Tel: 0113 395 7400

Grid ref: SE 215416



A level tarmac surfaced path around the tarn, it also provides an ideal location for plane spotting! Car parks off Cemetery Road and the High Street; accessible toilet near to the children's play area (RADAR key required). Disabled parking available in the Tarn activity centre car park off Town Street. Orienteering course for people with visual impairments.

Easy Going Walks

Leeds Owl Trail

www.leedsowltrail.com



You can follow the trail around the streets, finding out about the history of the owls in Leeds and looking out for the 25 owl statues along the way. Download a leaflet from the website above or pick one up from the information centre next to the train station. Blue Badge parking bays on Cookridge Street and Percival Street which are near to the start of the trail at Millennium Square. Accessible toilets at the nearby City Museum.

Wakefield

Anglers Country Park

Map: OS Explorer 278 Grid ref: SE 375154

Haw Park Lane, Winterset, Wakefield, WF4 2EB

Contact: Wakefield Countryside Service

Tel: 01924 303980

Email: countrysideinterp@wakefield.gov.uk



A 2 mile circular walk around the lake with benches and resting places provided along the way. Free electric scooter loan service is available from the Waterton Countryside Discovery Centre - please book in advance on the number above. Accessible café and two picnic areas on site, as well as an accessible bird hide.

Fairburn Ings

Map: OS Explorer 289 Grid ref: SE 453274



The Lin Dike Link and Coal Tips trails provide up to 4 miles of gravel paths running alongside the River Aire. Accessed via Fairburn Ings RSPB nature reserve close to the A1. There is a steep hill at the beginning, but most of the path is level with a gravel surface (see the *Wildlife & Conservation* section – page 71).

Newmillerdam Country Park

Map: OS Explorer 278 Grid ref: SE 331157

Barnsley Road, Newmillerdam, Wakefield, WF2 6QP

Contact: Wakefield Countryside Service

Tel: 01924 303980

Email: countrysideinterp@wakefield.gov.uk



Situated off the A61 between Wakefield and Barnsley, the site covers 237 acres of mixed woodland and a lake. The 1½ mile lakeside path is suitable for wheelchair users with seating and leaning posts by the path. There is also a pleasant wheelchair accessible boardwalk through the woodland. Accessible toilets are available in the smaller car park by the dam (RADAR key required).

Easy Going Walks

Nostell Priory

Doncaster Road, Nostell, Wakefield WF4 1QE

Tel: 01924 863892

Email: nostellpriory@nationaltrust.org.uk

www.nationaltrust.org.uk/nostell-priory



You can follow the accessible paths around the parkland; nearly 1.2km long. The Carriageway Path reinstates the route of an 18th century carriage drive to the Obelisk Lodge. The Hardwick Beck path provides a surfaced route along the course of the stream heading east to a new 'rustic' picnic area. Admission fee for the house, but the parkland is free (see the *Outings* section – page 33).



Pugneys Country Park

Map: OS Explorer 278

Grid ref: SE 324180

Asdale Road, Off Denby Dale Road, Wakefield, WF2 7EQ

Tel: 01924 302360

Email: pugneyscp@wakefield.gov.uk



A 250 acre site with two lakes, built on what was formerly an open cast mine and sand and gravel quarry, the largest of which has a 1.6 mile track running around it. An electric wheelchair is available for use around the park for a small charge. Café and accessible toilets by the car park.

Yorkshire Water visitor sites and walks



Yorkshire Water is the largest landowner in Yorkshire and some of their sites boast spectacular scenery. You can download a walking guide from their website:

www.yorkshirewater.com/walks

Ardsley

Map: OS Explorer 289 Grid ref: SE 290250

South of Leeds, near Tingley

A 1.3 mile level, wheelchair accessible circular path around the reservoir, Part tarmac, part grass. Car park off Haigh Moor Road. No stiles or steps.

Blackmoorfoot

Map: OS Explorer OL21 Grid ref: SE 095125

South-west of Huddersfield, situated between Meltham and Slaithwaite.

Provides wide views of Blackmoorfoot Reservoir. Running along three sides of the reservoir, the path is flat and easy, the only gradients are a short ramp at entrance and on public highway at Back Lane. The route is 1.3 miles long. Park on Reservoir Road. No stiles or steps.

Boothwood

Map: OS Explorer OL21 Grid ref: SE 035167

Car park and picnic area. No stiles.

Digley

Map: OS Explorer OL1 Grid ref: SE 112072

South-west of Holmfirth.

Designated parking bays. Picnic area. Exit ramp up hill to unsurfaced track.

Easy Going Walks

Eccup Reservoir

Map: OS Explorer 289 Grid ref: SE 306417

On the outskirts of Leeds. Access off A61/Harrogate Road

A tarmac road (used by vehicles) follows on to a 3 mile route that leads around two sides of the reservoir. Park on roadside with care near dam.

Holme Moss

Map: OS Explorer OL1 Grid ref: SE097038

Hill top car park with extensive views.

Ogden Water

Map: OS Explorer OL21 Grid ref: SE 068308

Off the A629 Halifax to Keighley road at Causeway Foot Inn.

1.2 mile easy access route. Both woodland and waterside paths. Parking near the site entrance in Calderdale Council's car park.

Ramsden Reservoir

Map: OS Explorer OL1 Grid ref: SE 116056

Picnic site with one wheelchair accessible picnic table.

Ryburn Reservoir

Map: OS Explorer OL21 Grid ref: SE 024188

Toilets. Level path across the dam to picnic facility. No steps. Accessible toilets in Ripponden village.

Scammonden

Map: OS Explorer OL21 Grid ref: SE 055164

Off the A640 to the west of Huddersfield.

Car park at New Lane. Picnic area has wheelchair accessible picnic table.

Walshaw Dean

Map: OS Explorer OL21 Grid ref: SE 947324

Park at Clough Foot car park. Tarmac access road via bridle gate. No stiles or steps.

Withens Clough

Map: OS Explorer OL21 Grid ref: SE 987233

Level unsurfaced circular path around reservoir with no steps or stiles.

Markets

Markets often tie in with a fun countryside outing and a chance to see a new place and buy local fare.

Batley Market

Open market
Fridays 9am - 4pm
Market Square

Bingley Market

Open market
Wed, Fri, Sat 8.30am - 4.30pm
Town Square
Tel: 01535 618389 / 01274 432245

Birstall Market

Open market
Thursdays 9am – 4pm
Market Avenue

Bradford; Kirkgate Market

Indoor market
Monday to Saturday 9am – 5pm
Kirkgate Centre
Tel: 01274 437854 / 01274 432245

Bradford; Oastler Market

Indoor market
Monday to Saturday 8.30am – 5pm
Oastler Shopping Centre
Tel: 01274 431144 / 01274 432245

Castleford Market

Indoor market
Monday to Saturday 9am – 5pm
Wednesdays 9am to 1pm
Market Hall
Tel: 01977 727196

Markets

Open market

Mon, Thu, Fri, Sat 8.30am – 4pm

Carlton Street

Dewsbury Market

Indoor market

Monday to Saturday 9am - 4pm

(half day Tuesday)

Market Hall

Open market

Wednesday and Saturday 9am – 4.30pm

Second hand market

Fridays 9am to 3pm

Car 'Bootless' market

Sundays 6am to 12.30pm

Tel: 01484 223730

Elland Market

Open market

Fridays 9am – 4pm

Market Square

Featherstone Market

Open market

Thursday 9am – 4pm

Market Square

Tel: 01977 727196

Halifax; Borough Market

Indoor market

Monday to Saturday 9am – 5pm

Tel: 01422 359034

Markets

Hebden Bridge

Second hand market

Wednesdays 9am – 4pm

General market

Thursdays 9am – 4pm

Valley Road

Farmers' market

1st, 2nd, & 3rd Sunday 9am – 4pm

Lees Yard

Holmfirth Indoor Market

General market

Thursdays 9am – 4.30pm

Craft & food market

Saturdays 9am – 4.30pm

Farmers' market

1st & 3rd Sunday 9am – 2pm

Huddersfield Open Market

Brook Street, Tel: 01484 223730

General market

Mon, Thu, Sat 9am – 4pm

Second hand market

Tuesdays 9am – 3.30pm

Saturday 9am – 4pm

Upmarket Sundays

2nd Sunday of the month 10am – 4pm

Morley Market

Indoor market

Monday to Saturday 9am – 5pm

Queen Street

Markets

Ossett Market

Open market

Tuesday, Friday 8.30am – 4pm

Flea market

Tuesday, Friday 8.30am – 3pm

Tel: 01924 302998

Otley Market

Open market

Tuesday, Friday, Saturday 8.30am – 3.30pm

Farmers' market

Last Sunday of the month 9am – 1pm

Market Square

Tel: 0113 378 1950

Pontefract Market

Open market

Wednesday, Friday, Saturday

8.30am – 4pm

Market Place

Indoor market

Monday to Saturday 9am – 5pm

Market Hall

Tel: 01977 722725

Shipley Market

General market

Friday, Saturday 8.30am – 4.30pm

Second hand market

Monday 8.30am – 4.30pm

Market Square

Tel: 01274 580877

Markets

Sowerby Bridge Market

General market

Tuesday, Friday 9am – 4pm

Second hand market

Thursday, Saturday 9am – 4pm

Wharf Street

Todmorden Market

Indoor market

Monday to Saturday 9am – 5.30pm
(half day Tuesday)

Open market

Wednesday, Friday, Saturday, Sunday
9am – 4pm

Second hand

Thursday and Sunday

9am – 4pm

Market Hall, Brook Street

Wakefield Market

Open market

Mon, Tues, Thurs, Fri, Sat 8.30am – 4pm

Indoor market

Monday to Saturday 9am – 5pm

Market Hall

Tel: 01924 305907

Wetherby Market

Open market

Thursday

Farmers' market

2nd Sunday 9am – 1pm (3rd Sunday in Nov)

Market Place

Outings

General Contacts

Breakaway Supported Holidays

Tel: 01245 260330

Email: enquiries@breakawayhols.co.uk

www.breakawaysupportedholidays.co.uk

Supported holidays for adults with learning disabilities.

British Red Cross Open Gardens Scheme

www.redcross.org.uk/Get-involved/Events/Open-Gardens

This programme offers a wonderful chance to see some of the best gardens in the country.

Disabled Holiday Information

Email: info@disabledholidayinfo.org.uk

www.disabledholidayinfo.org.uk

Provides information on accessible attractions, activities, accommodation and transport. Wherever possible this is based on actual visits by wheelchair user researchers to assess how wheelchair friendly places are.

Open Country, Harrogate

Tel: 01423 507227

Email: info@opencountry.org.uk

The Outings group is especially for those with limited mobility, wheelchair users and people with visual impairments (though we don't refuse anyone else who'd really like to join in). The group enjoys twice-monthly trips to country houses, parks, gardens and other countryside places. Fully accessible transport is provided.



Open Country

Visit England

www.visitengland.com/plan-your-visit/access-all

The National Accessible Scheme (NAS) helps you find accommodation to suit your needs, independently assessed by trained assessors against demanding criteria. Assessed properties will have such facilities such as handrails, ramps, level-access showers, hearing loops and colour contrast. See their website for tips and advice on holiday travel in England and to find NAS accredited accommodation.

Outings

Bradford

Bracken Hall Countryside Centre

Glen Road, Baildon, Shipley, BD17 5EA
Email: secretary@friendsofbrackenhall.org.uk
www.friendsofbrackenhall.org.uk



Closed in 2013 when Bradford Council withdrew their funding, however, The Friends of Bracken Hall now run the centre and organise walks, talks, educational visits and outdoor activities. The Shipley Glen Tramway is a short walk away – see the next page. The stone circle opposite the centre is a remnant of the Iron Age.

Cliffe Castle Museum

Spring Gardens Lane, Keighley, BD20 6LH
Tel: 01535 618231
www.bradfordmuseums.org



Set in an attractive hillside park. Specialises in natural history and geology. Wheelchair access to ground floor (75% of displays) and most of the park. Free entry. Assistance dogs welcome. Audio 'PenFriend' devices available to borrow to hear visual descriptions of the displays. At the time of writing the parkland was undergoing work as part of a lottery grant, due to be finished in summer 2017.

East Riddlesden Hall

Bradford Road, Keighley, BD20 5EL
Tel: 01535 607075
Email: eastriddlesden@nationaltrust.org.uk
www.nationaltrust.org.uk



Wheelchair access to ground floor, but some uneven stone floors. An album of photos of the upper floor is available for those unable to climb stairs. 3 steps to shop and information centre but an alternative accessible entrance is available if you ask staff for assistance. The café is upstairs. Outside, there is an orchard garden with old varieties of Yorkshire apples and swathes of wildflowers. Wheelchair loan available.

Keighley and Worth Valley Railway

Haworth, Keighley, BD22 8NJ
Tel: 01535 645214
Email: admin@kwvr.co.uk
www.kwvr.co.uk



Run by volunteers, this is one of Britain's finest Heritage Railways, linking Keighley, Haworth and Oxenhope. There is accommodation for wheelchair users in the guard's van and all trains carry ramps, but book in advance. Haworth Station has fully accessible toilets.

Outings

Saltaire

www.saltairevillage.info



A lovely UNESCO World Heritage Site, near to Bradford. Home of Titas Salt. You can walk the Heritage Trail (leaflet available from Tourist Information Centres), wander along the canal, relax at Robert's Park and browse the shops at Salt's Mill if the weather turns bad. There is parking at Prod Lane, Baildon, where you can get the Tramway down to the town (see below), alternatively, Blue Badge parking is available at Titas School car park on Higher Coach road at weekends; Saltaire can be reached via a short walk through Robert's Park. There are also plenty of car parks in the town centre and accessible toilets at Salts Mill, on Caroline Street and at Robert's Park (during café opening hours).

Shipley Glen Tramway

Prod Lane, Baildon, Shipley, BD17 5BN

Tel: 01274 589010

Email: info@shipleyglentramway.co.uk

www.glentramway.co.uk

Opened in 1895, Britain's oldest working cable tramway takes you through the scenic woodland of Shipley Glen. Runs on Saturdays, Sundays and Bank Holidays. The Tramcar can accommodate wheelchair users. There is a small shop at the top. On-street parking near to the Tramway on Prod Lane. Alternative access is from Higher Coach Road, off Otley Road, Shipley; parking available at Titus Salt School. Nearest toilets in Saltaire, Bracken Hall Countryside Centre or Roberts Park (during café opening hours).



Outings

St Ives Estate

Contact: Bradford Parks Service
Tel: 01274 431000
Harden, near Bingley, BD16 1AT



A wonderful country park with woodlands, open moor, and a wildflower meadow. The path around Coppice Pond is wheelchair accessible and has a duck feeding platform. Accessible play area, café and small visitor centre (limited opening hours).

Undercliffe Cemetery

Undercliffe Lane, Bradford, BD3 0QD
Tel: 01274 642276
www.undercliffecemetery.co.uk

Fine example of a Victorian cemetery. Wheelchair access around much of the site. Parking inside both entrances. Free entry. Guided tours and open days are organised by the Undercliffe Cemetery Charity where you can discover the range of monuments which illustrate Bradford's history.

Calderdale

Hardcastle Crag and Gibson Mill

Car park at end of Midgehole Road, 1½ miles north-east of Hebden Bridge, off the A6033 Keighley Road
Tel: 01422 844518
Email: hardcastlecrag@nationaltrust.org.uk



National Trust property. There are walks through the lovely wooded valley of Hebden Dale, though a strong wheelchair pusher is advised as some paths are rough and there are steps in places. There is an accessible picnic table next to the car park and in the meadow by the river, which is easily reached. A sensory trail, Braille Guide and events programme is available. Gibson Mill is a 19th-century cotton mill that sits at the heart of Hardcastle Crag. It has been brought back into use as a facility for visitors and for the local community. There are two designated disabled parking spaces (advisable to pre-book) and accessible toilets.

Manor Heath Park and Jungle Experience

Manor Heath Road, Halifax HX3 0EB
Tel: 01422 365631
Email: parks@calderdale.gov.uk
www.calderdale.gov.uk



The park occupies the site of a Victorian Mansion, which was built in 1852 with magnificent views over the valley. A fully accessible site with a variety of tropical animals, plants and gardens and a café to visit. There are accessible toilets (key available from reception).

Outings

Shibden Hall and Park

Lister's Road, Halifax, HX3 6XG

Tel: 01422 352246 / 321455

Email: museums@calderdale.gov.uk



90 acres of rolling countryside, including the 15th century Shibden Hall, with formal gardens, miniature railway, cafés and play areas. The hall has limited opening hours during the winter and is accessible on the ground floor only – ring the bell for assistance at the main entrance. An electric scooter is available for hire; book in advance. There are car parks off Shibden Hall Road (for access to the hall) and Old Godley Lane (at the café).

Standedge Tunnel and Visitor Centre

Waters Road, Marsden, Huddersfield HD7 6NQ

Tel: 01484 844298

Email: standedge@canalrivertrust.org.uk

www.canalrivertrust.org.uk/standedge-tunnel



Take a trip into the longest, highest and deepest canal tunnel in the country. The official car park is at Marsden Station, with a pleasant 15 minute wheelchair accessible walk to the visitor centre (accessible and free). Alternatively there are four disabled parking bays on site. The boat can accommodate one wheelchair, though it may be too narrow for larger, motorised wheelchairs. There is a charge for the boat trip. Café on site.

Kirklees

Kirklees Light Railway

The Station, Park Mill Way, Clayton West, Nr Huddersfield, HD8 9XJ

Tel: 01484 865727

www.kirkleeslightrailway.com



8 mile return journey on ½ size steam trains. The public areas of the station are wheelchair accessible. Carriages cannot accommodate wheelchairs, but folded ones can be transported on board (best to ring prior to your visit). The journey starts at Clayton West and ends at The Shelley Woodhouse Tunnel near Skelmanthorpe. An open carriage in summer but closed and cosy in winter!

Oakwell Hall and Country Park

Nutter Lane, Birstall, Batley, WF17 9LQ

Tel: 01924 324761

Email: oakwell.hall@kirklees.gov.uk



Elizabethan moated manor house set in period gardens. The hall appears as the 'Fieldhead' home of the heroine in Charlotte Bronte's 'Shirley'.

Outings

Grounds include a herb garden, café, visitor centre, and playground. The Country Park is spread over 100 acres, with an 'access path'. Gardens, café, shop and visitor centre all wheelchair accessible. Only the ground floor of the hall is accessible; discounted entry given to wheelchair users.

Tolson Memorial Museum

Ravensknowle Park, Wakefield Road,
Huddersfield, HD5 8DJ

Tel: 01484 223240

Email: tolson.museum@kirklees.gov.uk



Italianate mansion set in a public park. The house has displays on the natural history, archaeology and local history of the Huddersfield District. Disabled access to rear of the building. Guide dogs welcome. Large print, Braille guide and tactile map available. Free entry.

Leeds

Abbey House Museum

Abbey Walk (off Kirkstall Road), Leeds LS5 3EH

Tel: 0113 378 4079

Email: abbey.house@leeds.gov.uk

www.leeds.gov.uk/museumsandgalleries



Once the great gatehouse of Kirkstall Abbey, which lies over the road (see next page). Now you can wander through the streets, shops and workplaces of Victorian Leeds and experience life in the 19th century. Full disabled access throughout, though some directions may be required. Lift to upper floor. Shop & café. Exhibition on Kirkstall Abbey. Wheelchair available for loan; ring in advance to book.

Bagshaw Museum

Wilton Park, Woodlands Road,
Batley, WF17 0AS

Tel: 01924 324765

Email: bagshaw.museum@kirklees.gov.uk

www.kirklees.gov.uk/leisure



Unique Gothic mansion with treasures from around the globe, set in a wooded park. A platform lift is available to enable access to the first floor. Motorised scooters have access to the ground floor only. Free entry.

Bramham Park

Bramham, Wetherby, LS23 6ND

Tel: 01937 846000

Email: enquiries@bramhampark.co.uk

www.bramhampark.co.uk



Outings

Surviving virtually unchanged from the late 17th century, Bramham Park bills itself as 'the Greatest Historic Formal Landscape in Britain'. Bramham is a beautiful place to picnic and walk, with woods, water and wild flowers. Grounds are of mown grass – wheelchair users would probably require assistance. The house is open on weekdays by appointment; the ground and principal floors are accessible to wheelchair users (there are ramps and a lift).

Golden Acre Park

Off the A660 Otley Road, LS16 8BQ

Tel: 0113 395 7400

www.leeds.gov.uk/leisure/Pages/Golden-Acre-Park



137 acres of mature woodland and gardens surrounding an attractive lake. Accessible café and toilet (RADAR key from café). Pre-book scooters on 0113 261 3064. Demonstration gardens. 1 mile circular wheelchair accessible route around the lake and an accessible link to Yorkshire Wildlife Trust's Adel Dam Nature Reserve with an accessible birdwatching hide (see *Wildlife & Conservation* section – page 70). It is also possible for wheelchairs to access Breary Marsh Nature Reserve (from the main car park) and walk around Paul's Pond, though the path can be a little rough in places.

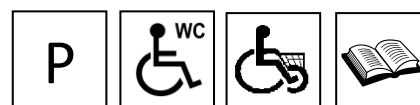
Harewood House

Harewood, Leeds, LS17 9LG

Tel: 0113 218 1010

Email: info@harewood.org

<http://harewood.org>



140 acres of gardens set in 1,000 acres of parkland, including an internationally renowned bird garden, situated on a steep slope – avoid in the wet. Disabled visitors may be dropped off just outside the front entrance of Harewood House. Electric wheelchair lift up to the front door, though not suitable for electric wheelchairs – ask the staff about alternative access. Public rooms are all on one floor. Free shuttle bus service from the main Arch to the Courtyard. Service dogs are welcome everywhere except the bird garden. Accessible café (entrance 700mm), two gift shops and toilets.

Kirkstall Abbey, Leeds

Abbey Road, Leeds, LS5 3EH

Tel: 0113 378 4079

Email: kirkstall.abbey@leeds.gov.uk

www.leeds.gov.uk/museumsandgalleries



One of the best preserved Cistercian Abbeys in the country, set in acres of parkland leading down to the River Aire. Level paths around the Abbey

Outings

and into the cloisters. Car park over the road off Abbey Walk at the Abbey House Museum (see p 28), but take care on the steep slope leading down to the A65 and the Abbey. Free admission. A wheelchair is available from the visitor centre to borrow, telephone 0113 230 5492 to book. An audio trail is available for visitors with their own smart phones.

Settle to Carlisle Railway

Town Hall, Settle, BD24 9EJ

Tel: 01768 353200 (Appleby), 01729 825888 (Settle)

Email: admin@settle-carlisle.co.uk

www.settle-carlisle.co.uk



"England's most scenic rail journey". In West Yorkshire, the line allows you to take in the delights of Leeds, Bradford, Saltaire and Keighley. Accessible toilets at Leeds, Bradford, Settle and Carlisle stations. Contact Northern Rail's 'Passenger Assist' to arrange assistance for your journey and to book wheelchair spaces: 08081 56 16 06

Lotherton Hall Estate

Off Collier Lane, Aberford, Leeds, LS25 3EB

Tel: 0113 378 2959

Email: lotherton.hall@leeds.gov.uk

www.leeds.gov.uk/museumsandgalleries



A Victorian country house with fine art displays, together with an Edwardian Garden, bird garden and deer park. Disabled vehicles can be taken up to the house by arrangement. Ramped access to the house and a lift inside, so most areas are accessible to wheelchair users, although large motorised scooters will not be able to navigate the visitor route – ring for more information. Chair lift to some rooms on the first floor. Grounds mainly level but some gravel paths. Pre book scooters on the number above.

Meanwood Valley Urban Farm

Sugarwell Road, Meanwood, Leeds, LS7 2QG

Tel: 0113 262 9759

Email: info@mvuf.org.uk

www.mvuf.org.uk



14 acres of farm animals, organic market gardens and nature areas. Farm shop and café. Group visits by appointment. Two wheelchairs for use. Much of the farm is wheelchair accessible; however, there are areas of natural habitat with limited access.

Middleton Railway

Moor Road, Hunslet, Leeds, LS10 2JQ

Tel: 0845 680 1758



Outings

Email: information@middletonrailway.org.uk
www.middletonrailway.org.uk

'The world's oldest working railway', opened in 1758. Runs from Moor Road station to the edge of Middleton Woods in south Leeds, the largest area of ancient woodland in West Yorkshire. Ramp available for boarding the train. Ring in advance if assistance is required. Shop and toilet are both accessible.

Roundhay Park

Park Avenue, Roundhay, Leeds, LS8 2JL
Tel: 0113 395 7400 (Parks and Countryside)
Email: parks@leeds.gov.uk
www.leeds.gov.uk/leisure



Three miles north of Leeds city centre, Roundhay Park covers over 700 acres of rolling parkland, lakes, woodlands and formal gardens and contains several cafès, two playgrounds and the popular visitor attraction Tropical World (see next page). The Lakeside Café on Park Avenue has level access and an accessible toilet. Car parks on Mansion Lane, Wetherby Road and Princes Avenue. Canal Gardens, on Mansion Lane, is also accessible, and includes major plant collections of roses, dahlias and violas. The Visitor Centre based in the conservatory at the Mansion has an interesting exhibition for all ages. Pre-bookable mobility scooters are available for loan from Tropical World, call 0113 237 0754.



Outings

Temple Newsam Park

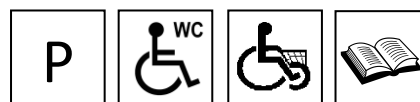
Temple Newsam Road, Leeds, LS15 0AE

Tel: 0113 336 7461 (House)

0113 336 7560 (Estate Office)

Email: temple.newsam.house@leeds.gov.uk

www.leeds.gov.uk/museumsandgalleries



Tudor-Jacobean house, often called the "Hampton Court of the North". The house has level access, a lift and an audio guide. Largest working Rare Breeds farm in the country. Most Home Farm buildings are accessible but via a cobbled, uneven courtyard. 1,500 acres of parkland, landscaped by 'Capability' Brown. Paths can be quite steep. Formal and informal gardens. Visitor centre, tearoom and shop. Entry fee for farm and house.

Tropical World

Princes Avenue, Roundhay, Leeds, LS8 2ER

Tel: 0113 237 0754

www.leeds.gov.uk/leisure



An all year round tropical paradise - perfect for a wet day! Accessible throughout. Tearoom is adjacent and accessible with a loo. Blue Badge bays outside on Princes Avenue. Scooter loan – book in advance on the number above (see Roundhay Park on previous page).

Wakefield

Fairburn Ings RSPB

Fairburn Ings, Castleford, WF10 2BH

Tel: 01977 628191

Email: fairburnings@rspb.org.uk

www.rspb.org.uk



600 acres of wetland close to the A1. A board walk from the car park offers an excellent viewpoint for observing a great number of waterfowl. There is also a 500m board walk over marshy ground and good surfaced paths that lead to an accessible bird hide. The visitor centre is accessible, with an indoor picnic area overlooking a bird feeding station. A mobility scooter is available to hire, ring the visitor centre to book in advance. Further afield, paths are accessible to wheelchair users though there are some undulating areas. The Lin Dike Link and Coal Tips trails provide up to 4 miles of gravel paths running alongside the River Aire.

National Coal Mining Museum for England

Caphouse Colliery, New Road, Overton,
Wakefield, WF4 4RH

Tel: 01924 848806



Outings

Email: info@ncm.org.uk
www.ncm.org.uk

Experience the working world of coal-mining, past and present. Based around an 18th century colliery, visitors can go 450 feet underground. A wheelchair accessible underground tour is available, but only two wheelchairs allowed at a time. Electric wheelchairs are not permitted underground because of the interference from batteries; manual wheelchairs are available to borrow if you book in advance. The Nature Trail is barrier free, but very steep. Free entry. Audio tour available.

Nostell Priory

Doncaster Road, Nostell, Wakefield WF4 1QE
Tel: 01924 863892
Email: nostellpriory@nationaltrust.org.uk
www.nationaltrust.org.uk/nostell-priory



An architectural masterpiece complemented by peaceful tree-lined walks beside the lake and through the parkland, breathtaking rhododendrons and a host of rose varieties. Most of the grounds, café and picnic area are accessible (see *Easy Going Walks* - page 15). Wheelchairs and a single-seater PMV are available but book prior to your visit. The entrance is level and there are lifts to other floors. Admission fee but parkland is free.

Ponderosa Rural Therapeutic Centre

Ponderosa Park, off Smithies Lane,
Heckmondwike, WF16 0PN
Tel: 01924 235276
Email: info@ponderosa-centre.co.uk
www.ponderosa-park.co.uk/centre



Situated in 20 acres of lovely countryside, this farm has a variety of rare breeds, reptiles, birds of prey and mammals to visit and touch. There are also grounds to walk in, a shop, café and garden centre. Fully accessible, with toilets and two wheelchairs for loan by prior arrangement.

Sandal Castle

Manygates Lane, Sandal, Wakefield, WF2 7DS
Tell: 0345 850 6506 (Heritage Officer)
Email: castles@wakefield.gov.uk
www.wakefield.gov.uk



Dating back to the early 12th century, it is the finest excavated motte and bailey castle in northern Europe. Access to the grounds is limited to the perimeter path and bailey for those with mobility difficulties. Free entry. At the time of writing, the visitor centre and toilets are shut and the main bridge is temporarily closed due to structural issues – ring for further details. Near Pugneys Country Park (see *Easy Going Walks* – page 15).

Outings

Yorkshire Sculpture Park

West Bretton, Wakefield, WF4 4LG

Tel: 01924 832631

Email: info@ysp.co.uk

www.ysp.co.uk



An international centre for modern and contemporary sculpture, housed in the 18th century Bretton Hall estate. Access sculpture trail for wheelchair and pram users (guides to this area available in different formats).

Adjacent 100 acre Bretton Country Park has a display of Henry Moore sculptures. Visitor centre, café, shop. Electric scooters available free for those with mobility problems – please book to ensure availability. There are a number of shuttle buses available to help get around the site.

Admission free but parking charges apply including Blue Badge holders (see the *Wildlife & Conservation* section – page 74).



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Sports Clubs & Contacts

Bradford Disability Sport and Leisure

Town Hall, Shipley, BD18 3EJ

Tel: 01274 437093

www.bradforddisabilitysports.co.uk

Email: info@bdsf.net

Sports clubs and activities for disabled people across the district.

British Blind Sport

Tel: 01926 424247

Email: info@britishblindsport.org.uk

A national registered charity which enables visually impaired people to have the same opportunities as sighted people to access and enjoy sport and recreational activities in the UK.

Disability Sport Yorkshire

Denhale Active Recreation Centre, Denhale Avenue, Wakefield, WF2 9EF

Tel: 01924 372382

Email: staff@fsdo.co.uk

www.disabilitysportyorkshire.org

Creating sport and recreation opportunities for disabled people in Yorkshire and the Humber.

English Federation of Disability Sports

Tel: 01509 227750 (head office)

www.efds.co.uk

The national body for disabled people in sport and physical activity. The charity aims to increase opportunities at all levels of participation.

Leeds City Council

Contact: Ross Bibby (Disability Sports Officer)

Tel: 0113 3950159

Email: ross.bibby@leeds.gov.uk

www.leeds.gov.uk/disabilitysport

Leeds run a disability sports programme covering a range of activities including cycling, climbing, fencing, gymnastics, dance and rugby.

Mencap Sport

Tel: 020 7696 5574

Email: sport@mencap.org.uk

www.mencap.org.uk

Works with the governing bodies of sport and other sports providers to promote opportunities for people with a learning disability at all levels.

Sports Clubs & Contacts

Open Country, Harrogate District

Tel: 01423 507227

Email: info@opencountry.org.uk

www.opencountry.org.uk

Join the Adventure Club and turn your hand to rock climbing, canoeing, orienteering, boating, archery and much more. Activities run once per month and are open to anyone regardless of your abilities.

Parasport

Tel: 020 7842 5789

Email: info@parasport.org.uk

www.parasport.org.uk

Parasport aims to make it easier for members of the public to take up disability sport by providing information about sporting opportunities and clubs in your local area.

Phab

North of England contact: Rebecca Hargreaves

Tel: 01254 824784

Email: rebecca.hargreaves@phab.org.uk

www.phab.org.uk

Can provide information about local groups where disabled and non-disabled people can meet and undertake activities on equal terms. Suitable for all ages, abilities and with a wide range of activities.

UK Deaf Sport

Email: office@ukds.org.uk

www.ukdeafsport.org.uk

Aims to help deaf people to participate, enjoy and excel at sport.

West Yorkshire Sport

Tel: 0330 20 20 280

www.wysport.co.uk/get-active/disability

They can help with links to local opportunities, activities, news, events, coaching and volunteering information.

Wheelpower (British Wheelchair Sport)

Tel: 01296 395995

Email: info@wheelpower.org.uk

www.wheelpower.org.uk

Dedicated to providing opportunities for disabled people to live healthy active lifestyles.

Outdoor Pursuits

Aerial Sports & Activities

Aerobility

Tel: 0303 303 1230

Email: info@aerobility.com

www.aerobility.com

A registered charity founded in 1993 offering disabled people the opportunity to fly an aeroplane. They provide 'experience of a lifetime' trial flying lessons for as many terminally ill and disabled people as possible every year, also subsidised flying days for other disability charities and at-cost instruction and qualification flight training to disabled people.

Active Edge Paragliding

The Mill, Glasshouses, Harrogate, HG3 5QH

Tel: 0845 129 8286

Email: dean@activeedge.co.uk

www.activeedge.co.uk

Offers paragliding, hang-gliding and gliding training. Can cater for certain disabilities; contact them to discuss your needs.

Flyability

Tel: 0116 289 4316 (BHPA office)

Email: contact@flyability.org.uk

www.flyability.org.uk

Flyability is the disability initiative of the British Hang Gliding & Paragliding Association (BHPA) and strives to motivate disabled people to become involved in the sport of hang gliding and paragliding and to train as pilots.

The Frank Morgan School of Flying

13a Hall Way, Humberside International Airport,
Kirmington, Ulceby, Lincolnshire, DN39 6YH

Tel: 01652 688859 / 07891 219954

Email: info@flyatfranks.org

www.flyatfranks.org

Lessons and one-off flights available for disabled people, contact them for your specific needs. Toilets and clubhouse are fully accessible.



York Gliding Centre

Rufforth Aerodrome, York YO23 3NA

Tel: 01904 738694

www.yorkglidingcentre.co.uk

Archery

Aire Valley Archers

www.aire-valley-archers.co.uk

The club encourages people of all abilities to try archery. Courses for beginners are available. Disabled people are welcome to join the main sessions, but contact them to check they can accommodate your needs.

Panda Bowmen Club

West Park Leeds RUFC, Bramhope, Leeds, LS16 9JR

Tel: 0113 212 0400

Email: pandabillbrydon@gmail.com

www.panda-bowmen.org.uk

Based at the West Park Leeds RUFC in Bramhope, North Leeds. The club runs sessions for all levels. Their coaches have a good understanding of the needs of people with various conditions, and will be able to get you shooting safely and enjoyably.

Savile Bowman

www.savile-bowmen.org.uk

An open membership target archery club in the Kirklees area of West Yorkshire. They welcome archers of all abilities and run 'have-a-go' sessions and beginner's courses throughout the year.

Yorkshire Archery Association

Contact: Andy Wilkinson

Email: yaa.sec@gmail.com

www.yorkshirearchery.co.uk

For a list of clubs and contacts plus tips on how to get started.

Caravanning & Camping

Caravan Site Finder

www.caravan-sitefinder.co.uk

Check out this site for information, tips and lists of accessible caravan sites across the country.

Pitchup.com

www.pitchup.com

The website has information and tips on camping with a disability and enables you to search for accessible campsites and holiday parks.

Outdoor Pursuits

Canals and River Cruises

Safe Anchor Trust

Shepley Bridge Marina, Huddersfield Road, Mirfield,
WF14 9HR

Tel: 01484 715572

Email: admin@safanchor.org.uk

www.safanchor.org.uk



An award-winning charity in Mirfield, providing canal boat trips for community groups which for reasons such as illness, special needs or social exclusion have no access to the waterways. Lift for wheelchairs and accessible toilet on-board. No charge is made for the trips; donations are appreciated as they rely solely on voluntary contributions and donations.



Skipton & Craven Action for Disability (SCAD)

46/48 Newmarket Street, Skipton, North Yorkshire, BD23 2JB

Tel: 01756 701005

Email: info@scad.eclipse.co.uk

www.scad.org.uk



Their canal cruiser, 'SCAD's Endeavour' has been purpose built for people with disabilities, and is based at Skipton on the Leeds - Liverpool Canal. Trips run from May to September. The boat can accommodate up to 12 people including three wheelchair users.

Outdoor Pursuits

Caving

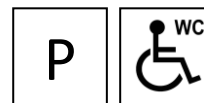
Ingleborough Cave

Clapham, LA2 8EE

Tel: 01524 251242

Email: info@ingleboroughcave.co.uk

www.ingleboroughcave.co.uk



Fairly accessible, although some parts are steep and/or narrow. Scooters are not admitted on safety grounds. **Manual wheelchair users should ring in advance as a risk assessment may be required.** Guided tours leave on the hour from the cave shop. At least a 30-minute walk to the cave entrance, though it is possible to drive up by arrangement. Note: on the way up, there is a raised hump that is hard to negotiate in low floor buses. Nearest accessible toilets at the National Park's car park in Clapham Village. Entry charge. Open daily March to October, weekends in winter.

Leeds Sailing and Activity Centre Indoor Cave

Cemetery Road Leeds LS19 7UR

Tel: 0113 3781271

Email: sailingcentre@leeds.gov.uk

www.active.leeds.gov.uk



Artificial indoor caving system over two levels; trolleys are available for wheelchair users or those with limited mobility to propel themselves along – provided you are able to transfer. The centre has accessible toilets.



Outdoor Pursuits

Climbing

The Leeds Wall

100a Gelderd Road, Leeds, LS12 6BY
Tel: 0113 234 1554
Email: info@theleedswall.co.uk
www.theleedswall.co.uk



A range of climbing walls suitable for both beginners and experts of all ages. The instructors have years of experience working with groups of varying levels of educational needs and physical disabilities.

The British Mountaineering Council

Tel: 0161 445 6111
www.thebmc.co.uk

Working for climbers, hill walkers and mountaineers. Their website has information about clubs, equipment and how to get involved in climbing and walking.

Orienteering

British Orienteering

Tel: 01629 583037
Email: info@britishorienteering.org.uk
www.britishorienteering.org.uk

Orienteering is a challenging outdoor adventure sport that exercises both body and mind. The aim is to navigate in sequence between points marked on a map and decide the best route to complete the course in the quickest time. Orienteering can take place anywhere from remote forest and countryside to urban parks and playgrounds. You can use the website to search for permanent orienteering courses near to you.

Claro Orienteering

Contact: Vince Grealy (Club Secretary)
Email: Vince.Grealy@claro-orienteering.org
www.claro-orienteering.org.uk

The orienteering club for the Harrogate and Ripon area. Members range in age and ability. You can try it out for yourself by having a go on the permanent orienteering course in the Valley Gardens, Harrogate, some of which is wheelchair accessible. Maps are available from the Tourist Information Centre or from the Games Hut in the Valley Gardens (from April to October).



Outdoor Centres

Carlton Lodge Outdoor Centre

Carlton Miniott, Thirsk, YO7 4NJ

Tel: 01845 522145

Email: mark@nyy.org.uk

www.carltonlodge.org.uk

For both day visitors and residential groups, Carlton Lodge is able to offer a wide range of activity programmes for all abilities, using the centre's twelve-acre site. Accommodation is fully accessible.

Herd Farm Activity Centre

Eccup Reservoir, Harrogate Road, Leeds, LS17 7RJ

Tel: 0113 378 3088

Email: herdfarm@leeds.gov.uk

www.herdfarm.co.uk

An outdoor education centre that runs residential activities or one-off sessions for people with disabilities. Activities include a wheelchair abseil wall, low and high rope courses and accessible archery.

Little Deer Wood

Shepley Bridge Marina, Huddersfield Road, Mirfield, WF14 9HR

Tel: 07866 684043

Email: denise.bedford@kirklees.gov.uk

www.kirkleesdofe.org/littledeerwood

Situated next to the Calder & Hebble Navigation at Mirfield, the centre offers a wide range of exciting land and water-based activities which are accessible to people of all ages with sensory, learning or physical disabilities, including those with complex needs.

Low Mill Outdoor Centre

Station Road, Askrigg, Leyburn, DL8 3HZ

Tel: 01969 650432

Email: info@lowmill.com

www.lowmill.com

Based in the heart of the Yorkshire Dales and classified as an 'Adventure for All Centre'. Programmes of activities are designed from a wide range of outdoor activities, catering for those with disabilities and special needs.

Nell Bank

Denton Road, Ilkley, LS29 0DE

Tel: 01943 602032 (Bruce Fowler - Centre Manager)

Email: nell.bank@bradford.gov.uk

www.nellbank.com

Outdoor Pursuits

An education outdoor activity centre which is used by schools, youth clubs and groups of disabled youngsters. The site has a sensory garden, raised ponds and a wheelchair accessible tree house.

The Bendrigg Trust

Bendrigg Lodge, Old Hutton, Kendal, Cumbria, LA8 0NR

Tel: 01539 723766

Email: office@bendrigg.org.uk

www.bendrigg.org.uk

The Bendrigg Trust specialises in a range of indoor and outdoor courses and activities for disabled and disadvantaged people. Accessible accommodation is also available.

The Calvert Trust

www.Calvert-Trust.org.uk

The Calvert Trust runs outdoor pursuits and holiday centres for people with disabilities from 12 years upwards in Exmoor, Kielder and the Lake District:

- **Calvert Trust Keswick**

Tel: 01768 772255

- **Calvert Trust Kielder**

Tel: 01434 250232

- **Calvert Trust Exmoor**

Tel: 01598 763221

Scuba diving

Scuba Diving for All

Ripon Spa Baths, Park St, Ripon, HG4 2BD

Tel: 01765 606244

Email: SDA_enquiries@hotmail.co.uk

www.sda-ripon.org.uk



A charity aimed at enabling people of all abilities to enjoy the freedom and excitement of diving. Training evenings take place weekly in Ripon in a swimming pool with a maximum depth of 7'6". Participants are supported by trained staff and volunteers.

Skiing

Disability Snowsport UK

Head Office: Glenmore Grounds, Aviemore, PH22 1QU

Tel: 01479 861272



Outdoor Pursuits

Email: admin@disabilitysnowsport.org.uk
www.disabilitysnowsport.org.uk

Disability Snowsport UK gives people with disabilities the chance to learn and master skiing and snowboarding in a safe and supported environment whilst allowing you to experience the joy and freedom of the sport. The club also runs skiing holidays. The nearest local group is:

- Contact: Judy Ekins
Xscape Yorkshire, Colorado Way,
Glasshoughton, Castleford, WF10 4TA
Tel: 07818 448307
Email: j.m.ekins@open.ac.uk



Water Sports

British Rowing

Tel: 020 8237 6700
Email: info@britishrowing.org
www.britishrowing.org



The governing body for the sport of rowing. Their website has information on adaptive rowing for people with disabilities. In conjunction with British Rowing, Leeds Rowing Club offer occasional Adaptive Rowing Taster Sessions held at Roundhay Park. Contact James Searle for more details: james.searle@britishrowing.org

Canoe England

Tel: 0845 370 9500
Email: info@britishcanoeing.org.uk
www.canoe-england.org.uk

Their website has information on clubs that run 'Paddle-Ability' sessions for disabled people.

Doe Park Water Activities Centre

Foster Park View, Denholme, BD13 4LN
Tel: 01274 833826
Email: doe.park@bradford.gov.uk
www.bradford.gov.uk/doepark

Bradford's specialist centre for outdoor activities and education, situated on Doe Park reservoir in Denholme. Activities on the water include sailing, canoeing, kayaking, dragon boating and raft building. Activities on land include a high ropes facility which offers team challenges such as Jacob's ladder, climbing/abseiling and an aerial obstacle course. All the activities can be made fully accessible to all.

Outdoor Pursuits

Leeds Sailing & Activity Centre

Cemetery Road, Leeds, LS19 7UR

Tel: 0113 3781271

Email: sailingcentre@leeds.gov.uk

www.active.leeds.gov.uk



Based at Yeadon Tarn. There is a lakeside hoist and adapted equipment (dinghies, canoes and kayaks). Accessible toilets and changing rooms at the centre.



Otley Sailing Club

Bridge End Quarry, Otley, LS21 2SU

Tel: 07858 872538 (General Enquiries)

01943 850391 (Club House)

Email: enquires@otleysc.org

www.otley-sailingclub.co.uk



One of the RYA's Sailability 'Centres of Excellence', Otley Sailing Club aims to help everyone enjoy the sport and they support both organised groups and individuals. The club has a number of access dinghies and a specially designed power boat which can be used by wheelchair users, as well as an accessible toilet and wet room. There is wheelchair access to the club house.

Outdoor Pursuits

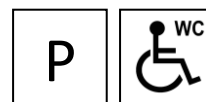
Pugneys Country Park

Asdale Road, off Denby Dale Road, Wakefield, WF2 7EQ

Tel: 01924 302360

Email: pugneyscp@wakefield.gov.uk

www.wakefield.gov.uk



A water sports centre near Wakefield. Facilities include a hoist from quay to boats, specialist boats, and an electric launch available for use with a coxswain. Tuition is available. Accessible toilets and café at the centre. There is also a 2-mile accessible walk around the lake and a bird hide overlooking a small nature reserve.

Royal Yachting Association (RYA) Sailability

Tel: 0844 556 9550 (North Region contact: Warren Price 07766 136704)

Email: sailability@rya.org.uk

www.rya.org.uk

Sailability encourages and supports people with disabilities to take up the sport and facilitate sites to develop sailing opportunities. The website lists all Sailability sites.

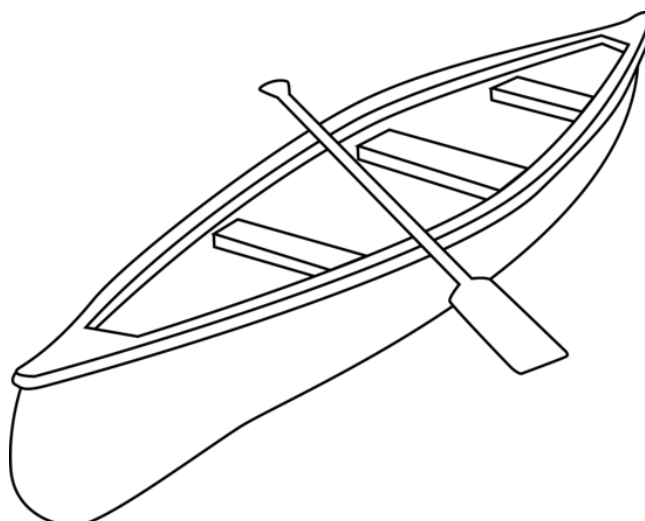
White Rose Canoe Club

Tel: 0113 273 7393

Email: wrcc-committee@googlegroups.com

www.whiterosecc.org.uk

The club is based in North Leeds and provides a safe and supportive environment for people of all ages and abilities. They arrange all sorts of events from 'Come and Try' pool sessions, easy canal and lake paddles through to more technical paddles on rivers and the sea. There is no age restriction, but you must be able to swim 50 metres or, if disabled, be happy to go underwater.



Clubs, Contacts & Maps

Bikeability

Email: contactus@bikeability.org.uk
www.bikeability.org.uk

Bikeability is 'cycling proficiency' for the 21st century, giving everyone the skills and confidence for all kinds of cycling. You can search their website to find a Bikeability Cycle Trainer near to you.

Bradford District Cycle Map

Tel: 01274 434983
Email: tom.jones@bradford.gov.uk
www.bradford.gov.uk

The Bradford Cycle Map is available from tourist information centres, council buildings, libraries, bike shops, travel centres and leisure centres. You can also download cycle maps for Ilkley, Cullingworth and Keighley. These maps show a network of cycling routes including a number of signed routes, quiet roads, traffic calmed areas and traffic free paths.

British Cycling (Breeze Rides for Women)

www.goskyride.com/Breeze/Index

British Cycling's Breeze programme organise guided cycle rides for women from 3 to 30 miles. All ages and abilities are welcome.

Cycling 4 All

Tel: 01274 235421
Email: cycling4allbradford@gmail.com
www.cycling4all.org.uk

Runs free inclusive cycling sessions for students and staff at colleges and universities in West Yorkshire. They have a range of adapted bicycles and aim to cater for all disabilities.

Cycle Calderdale

www.cyclecalderdale.co.uk

A partnership between Calderdale Council and Cycle Calderdale. The website promotes Calderdale as a cycling destination for all abilities, by allowing local cyclists the ability to share their knowledge of the area.

Herd Farm Activity Centre Adapted Cycling

Eccup Reservoir, Harrogate Road, Leeds, LS17 7RJ
Tel: 0113 378 3088
Email: herdfarm@leeds.gov.uk
www.herdfarm.co.uk



Cycling

A range of adapted bikes to try on the purpose built outdoor cycling area. For children, young people and adults with any disability; siblings and friends are welcome. You can explore the sensory garden on site too. Sessions run on most Saturdays during the summer.

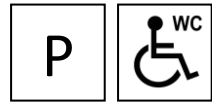
John Charles Centre for Sport (South Leeds Stadium)

Middleton Grove, Leeds, LS11 5DJ

Tel: 0113395 0000

Email: jccs@leeds.gov.uk

www.leeds.gov.uk/sports/Pages/John-Charles-Centre-for-Sport



The stadium has a variety of adapted cycles available for use, including hand cycles, quad cycles and wheelchair tandems. There are regular sessions through the week. Bookings can be made through the stadium. At other times, all the bikes can be booked out for private hire. A small charge is made for use of the bikes, but carers come free. A bar area, café and accessible toilets are available.



Kirklees Council

Contact: Lynnette Evans

Tel: 01484 234087

Email: lynnette.evans@kirklees.gov.uk

www.kirklees.gov.uk/leisure/sportHealth/cycling

Information about cycling locally including events and groups. Maps available to download include:

- Calder Valley and Birkby Bradley Greenways
- Spenn Valley Greenway and Ringway
- Dewsbury and Osset Greenways

Cycling

Leeds City Council

www.leeds.gov.uk/residents/Pages/cycling-Leeds.aspx

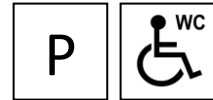
Check out the website for all things cycling in and around Leeds. You can also download the useful Leeds Cycle Map.

Lister Park Adapted Cycling

Lister Park, Bradford, BD9 4JN

Tel: 01274 437093

Email: dean.carroll@bdsi.net



The club meets on Saturdays at Lister Park in Bradford. A range of adapted bikes provided. Beginners welcome. Accessible toilet at the nearby Cartwright Hall Art Gallery.

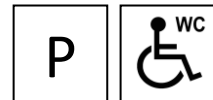
National Cycling Centre

Stuart Street, Manchester M11 4DQ

Tel: 0161 223 2244

Email: NCCAdmin@eastlandstrust.org

www.nationalcyclingcentre.com



For the more adventurous, how about trying lapping around the Manchester Velodrome? They run taster sessions, usually on alternate Thursdays, on the back of a track tandem that cater for disabled or visually impaired riders.

Open Country

Tel: 01423 507227

Email: info@opencountry.org.uk

www.opencountry.org.uk

- The **Companion Cycling Club** is a monthly off-road cycle club for people with disabilities. We have bicycles, tandems, a wheelchair accessible Duet and tricycles available for loan.
- The **Tandem Clubs** provide rides for people with visual impairments and learning disabilities, and, together with sighted volunteers, members can enjoy the freedom and excitement of cycling. We have clubs in Harrogate, Ripon, Wetherby and York that run from March to October.



Cycling

Sustrans

Tel: 0117 926 8893 (Head Office) 0113 245 0006 (Yorkshire & Humber)

Email: reception@sustrans.org.uk

www.sustrans.org.uk

Sustrans works on practical projects to encourage more people to walk and cycle. They also produce information on the National Cycle Network and have many maps and cycle routes available to download or purchase:

- *The Aireborough Greenway* - Guiseley to Yeadon (National Route 5). Map available to purchase.
- *The Airedale Greenway* - Keighley to Shipley (National Route 696).
- *Great Northern Railway Trail* - Cullingworth to Queensbury (the route intersects with National Route 69).
- *Spenn Valley Greenway and Ringway* - Dewsbury to Oakenshaw (National Route 66).
- *Wetherby Railway Path* - Wetherby to Spofforth and Thorp Arch (National Routes 66 and 67). Map available to purchase.

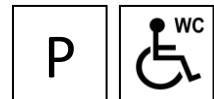
Spennborough Adapted Cycle Scheme

Spennborough Pool and Fitness Complex

Bradford Road, Liversedge, WF15 6LW

Tel: 01274 891767

www.kirkleesactive.co.uk/spennborough



Sessions usually take place on Tuesdays, Thursdays and Saturdays at the Spennborough track. The scheme, run by Streetbikes, has two tricycles, two hand cycles and a wheelchair carrying cycle. Streetbikes also run guided bike rides for mixed abilities – have a look on their website for details: www.streetbikes.org.uk

Tandem Club

Contact: Alan Tibble, Disabilities Liaison Officer

Tel: 01522 695781

Email: disabilities@tandem-club.org.uk

www.tandem-club.org.uk

Can help with questions related to disabled tandem riding. The club cannot offer tandems for loan but can advise on groups who do. They produce a bi-monthly talking journal on CD.

Tandem Trekkers

Email: martin.eatherley@ntlworld.com or rachel.mchale@kvin.org.uk

www.kvin.org.uk

A tandem cycling group for people who are blind or have a visual impairment, set up by the Kirklees Visual Impairment Network. They

Cycling

meet every Saturday throughout the summer near Leeds Road sports complex in Huddersfield.

Trans Pennine Trail (TPT)

c/o Barnsley Council, PO Box 597, Barnsley, S70 9EW

Tel: 01226 772574 (National Office), 0113 2375261 (Roger Brookes – Leeds contact) or 01924 306010 (Virginia Moulton – Wakefield contact).

Email: info@transpenninetrail.org.uk

www.transpenninetrail.org.uk

A 215 mile coast to coast route between Liverpool and Hull, with extensions to the seaside towns of Southport and Hornsea. Much of the trail has level, surfaced, traffic-free paths. Some of the route passes through West Yorkshire; the north-south route begins in Leeds and there is a spur off the main route to Kirkburton. The trail is covered by three maps - order from the TPT office (also, see page 54).

Wakefield Council

Contact: Sport and Active Lifestyles

Tel: 01924 307820

Email: cycling@wakefield.gov.uk

www.wakefield.gov.uk/residents/sport-and-leisure/cycling

Provides details about cycling in Wakefield, including group-led rides and other events. You can hire bikes at Anglers Country Park for a small fee (see the *Easy Going Walks* section – page 14). There are several Wakefield District Cycle Ride Maps to download; many have sections on and off road, following traffic free cycle paths wherever possible.

Wakefield District Cycle Forum

Tel: 01977 703546 (Sandy Clarke) 01924 240180 (Richard Keighley)

Email: info@cycling-wakefield.org.uk

www.cycling-wakefield.org.uk

A cycle campaign group, providing information on cycle routes, cycle maps, cycle rides and health rides. They organise guided cycle rides for all abilities; entry level, easy, steady and challenging, at various locations in Wakefield, including Anglers Country Park, Pugneys Country Park and Nostell Priory. A limited number of bikes are available to borrow.

Cycling events

Great Yorkshire Bike Ride

Contact: John Taylorson MBE

Tel: 07774 806023 (preferably 6 – 9pm only)

Email: mail@gybr.co.uk

www.gybr.org.uk

Cycling

An annual ride from Wetherby to Filey. A fantastic route across the best of Yorkshire. A great day out raising money for charity.

National Bike Week

www.bikeweek.org.uk

Bike Week brings together cyclists for events and a celebration of cycling all around the country. The event usually takes place in June but events still take place through September and beyond.

Tour de Yorkshire

www.letour.yorkshire.com

Three day European-level cycle race round the towns and lanes of Yorkshire.

York Cycle Rally

Email: info@yorkrally.org

www.yorkrally.org

The York Cycle Rally was revived in 2015. In the past, it was 'Britain's Biggest Cycle Show' bringing together cyclists from all walks of life and interests, clubs, events, cycle rides and equipment suppliers. Normally held each June, the show lasts two days and is based on the Knavesmire. Free parking and events.

Cycle Routes

The following are the longest, best-surfaced and most enjoyable traffic-free routes that we can find in West Yorkshire. Most of them are fully accessible to wheelchair users.

Most routes are part of the National Cycle Network and can be downloaded in the 'Route Mapping' section of the Sustrans website:

www.sustrans.org.uk

Aire Valley Towpath Route

Map: OS Explorer 288

Grid ref: SE 296330

www.sustrans.org.uk/ncn/map/route/aire-valley-towpath



The Aire Valley Towpath Route links the 17 mile length of towpath on the Leeds & Liverpool Canal between Leeds and Bingley and is suitable for all towpath users. The route provides a wonderful opportunity to explore part of the longest canal in Britain. It encompasses vibrant urban areas, beautiful countryside and the peace and quiet of a canal side location with interesting and historical places to visit. Canal access point off Wharf Approach, Leeds or at the Five Rise Locks off Beck Lane, Bingley, if you are starting from the other end.

Cycling

Calder Valley Cycleway

Maps: OS Explorer 288 and OS Explorer OL21 Grid ref: SE 053239

The Cycleway offers walkers and cyclists a traffic-free, easy going route through more than 20km of outstanding scenery in the Calder Valley, linking the busy market towns of Todmorden, Hebden Bridge and Sowerby Bridge. You can access the route from Hollins Mill Lane in Sowerby Bridge which is a short ride away from the train station.

Calder Valley Greenway

Map: OS Explorer 288 Grid ref: SE 142178
www.sustrans.org.uk



This popular route takes you from Huddersfield on the peaceful Greenways of Birkby Bradley and Calder Valley, both built on converted railway paths running through pleasant wooded and agricultural landscapes, ending in the town of Dewsbury. 9.5 miles each way. Toilets and parking at Huddersfield Railway Station (free for Blue Badge holders).

Great Northern Railway Trail

Map: OS Explorer 288 and OS Explorer OL21 Grid ref: SE 065367
www.sustrans.org.uk/ncn/map/route/great-northern-railway-trail

Two sections of the Great Northern Railway Trail run along the 5 mile (8 km) long Cullingworth to Queensbury disused railway track. The route provides an opportunity to explore countryside important to the Brontë heritage.

Kippax Lines Way

Map: OS Explorer 289 Grid ref: SE 410324
www.ywt.org.uk/reserves/the-lines-way

Follows the route of a former railway line for 4 miles, linking Garforth and Allerton Bywater. Park at Garforth Leisure Centre, or at Great Preston.

Leeds to Woodlesford on the Trans Pennine Trail

Map: OS Explorer 289 Grid ref: SE 367294
Tel: 0113 237 5261
Email: roger.brookes@leeds.gov.uk
www.transpenninetrail.org.uk



7 miles following the Aire and Calder Navigation. The only real obstacles are the Skelton Grange Road Bridge, which has a steep flight of steps, and the minor road diversion away from the waterside between Old Mill Lane and Goodman Street via National Road. Park at Woodlesford Railway Station, Thwaite Mills or Royal Armouries. Accessible toilets, cafés and parking at Thwaite Mills (admission fee) and Royal Armouries.

Cycling

Slow Tour of Yorkshire

www.sustrans.org.uk/slowtourofyrkshire

Inspired by the Grand Depart of the Tour de France in Yorkshire. The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network. The routes are on traffic free or quiet lanes and have something for everyone, whether you are a family, new to cycling or a regular cyclist. Routes in West Yorkshire include: Leeds to Saltaire, Keighley to Saltaire and Hebden Bridge to Brighouse. Detailed maps can be downloaded from the Sustrans website.

Spen Valley Greenway

Map: OS Explorer 288

Grid ref: SE 168277

Tel: 0113 245 0006 (Sustrans – Yorkshire and Humber office)

www.sustrans.org.uk/ncn/map/route/spen-valley-greenway

A 7½ mile off road green corridor linking Oakenshaw, Cleckheaton, Liversedge, Heckmondwike, Ravensthorpe, Thorpe Lees and Dewsbury. The trail has wonderful sculptured seating and artwork en route. A leaflet indicating wheelchair access points is available from Sustrans.



Spen Valley Ringway

Map: OS Explorer 288

Grid ref: SE 199247

www.spenvalleycivicsociety.org.uk/things-to-do/spen-ringway

Spen Ringway is part of a disused railway line from Ravensthorpe to Leeds. The completed section goes from Royds Park at Rawfolds (on the A638 near Spen Swimming Pool and Fitness Suite) southwards to Heckmondwike. It's a traffic-free, smooth tarmac path suitable for walkers, wheelchair & pram users, and cyclists. See contact details for Spen Valley Greenway, above.

Cycling

Spofforth to Wetherby and Thorp Arch (The Harland Way)

Map: OS Explorer 289 Grid ref: SE 366507
www.sustrans.org.uk/ncn/map/route/wetherby-railway-path



A level route along an old railway track. Accessible toilets available in Wetherby (The Shambles) and at Thorp Arch retail park. You can leave the railway path at Wetherby and use a traffic-free cycle path that follows the A1(M) to Boston Spa.

Temple Newsam Trailway

Map: OS Explorer 289 Grid ref: SE 358322
www.leeds.gov.uk



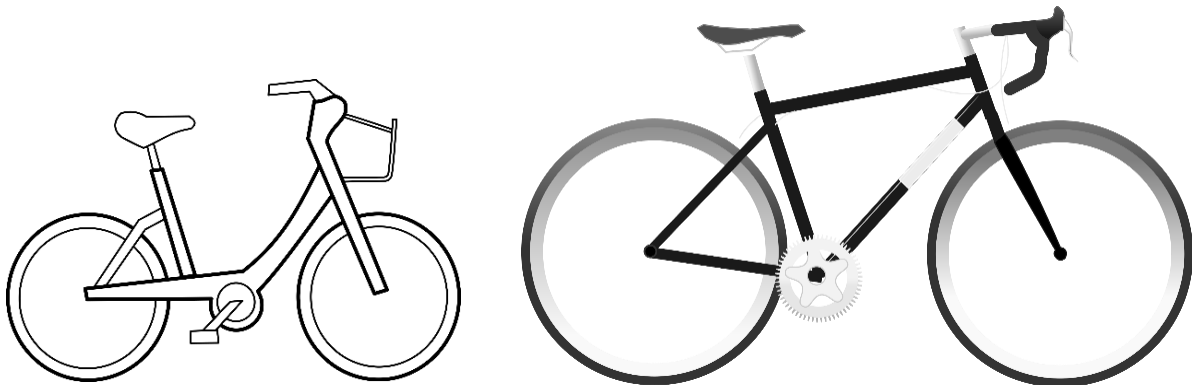
The Trailway is a 6 mile circular route around the 1500 acre Temple Newsam Estate. It is a multi-use track for cyclists, horse riders and pedestrians. A leaflet detailing the route is available at the courtyard shop at Temple Newsam, you can also download a copy from the Leeds City Council website. Blue Badge parking, accessible toilets, café and shop on site.

Wyke Beck Way

Map: OS Explorer 289 Grid ref: SE 331377
www.leeds.gov.uk



A 12.5 mile route (there and back) from Roundhay Park to Temple Newsam. The route starts at the Roundhay Park and uses quiet roads, cycle tracks and parkland paths to give easy and direct cycle access through the Wyke Beck Valley in Leeds. When you reach Temple Newsam you can explore 1500 acres of parkland and woodland. There are a number of road crossings along the route, but most have pedestrian crossings. Blue Badge parking, toilets and cafés at both ends of the route.



Fishing

Open Country does not profess to be an authority on fishing; the entries here are just a sample of fishing areas that we know are accessible.

Inclusion in this guide may indicate easy access, wheelchair accessible platforms and toilets. We would always advise you to contact the site management before visiting.

Do remember that all fresh water fishing in England requires both a permit from the owner or manager of the water in question and an Environment Agency National Rod Licence. Licenses are available to buy online at www.gov.uk/buy-a-uk-fishing-rod-licence, at Post Offices and tackle shops, or by ringing the Environment Agency on 0344 800 5386. You may be eligible for a concessionary licence.

Angling Trust

Tel: 0844 7700616

Email: admin@anglingtrust.net

www.anglingtrust.net and www.fishinginfo.co.uk

The Angling Trust represents all game, coarse and sea anglers in England. They lobby government, campaign on environmental and angling issues and run national and international competitions. You can search for your nearest fishery or club on their website.

British Disabled Angling Association (BDAA)

Tel: 01922 860912

Email: info@bdaa.co.uk

www.bdaa.co.uk

The BDAA was founded in 1996 to develop opportunities for disabled people of all ages and abilities to access the activity of fishing in the UK.

Canal and River Trust

www.canalrivertrust.org.uk/see-and-do/fishing

You can search the Canal & River Trust's online directory, which lists over 6,000 fishing venues nationwide. There is also information about fishing guidelines and a fish species guide.

Environment Agency Flood Information Service

Tel: 0345 988 1188 (24 hour Floodline)

<https://flood-warning-information.service.gov.uk/river-and-sea-levels>

For information on levels in your local rivers you can call the number above. This is a premium rate number. Alternatively, you can check the online map using the link above.

Fishing

The Wheelyboat Trust

Tel: 01798 342222

Email: info@wheelyboats.org

www.wheelyboats.org

The Wheelyboat Trust is a registered charity dedicated to providing disabled people with the opportunity and freedom to enjoy waters large and small all over the UK. Their role is to help and encourage venues open to the public to acquire Wheelyboats for their disabled visitors and to help groups and organisations acquire Wheelyboats for their own use. The nearest Wheelyboats are:

- Bellflask Fishery, Ripon, Tel: 01677 470716

Key:

T Trout fishing

C Coarse fishing

C Birkin Fisheries

Wood Lane, Birkin, WF11 9LT

Tel: 07970 727619 (Tea Room)

Tickets available on the bank. Café and parking on site. Good access for disabled anglers.

C Birkwood Farm Fisheries

Altofts, Normanton, Wakefield, WF6 2JE

Tel: 01924 892251

Email: dick@birkwoodfisheries.co.uk

www.birkwoodfisheries.co.uk

A number of pegs are suitable for disabled anglers as cars can be parked behind the pegs with prior agreement. There is also one dedicated disabled wheelchair peg. Payment taken on lakeside.

C Brookfoot Lake

Off A6025 at Brookfoot

Contact: Brighouse Anglers Association

Tel: 01484 715832

Email: admin@brighouseangling.co.uk

Fishing

Parking is available for Blue Badge holders adjacent to Tony Rileys pond. Day tickets from Calder Angling Supplies, Gooder Lane, Brighouse and A.J. Jewson, Horton Street, Halifax.

C Calder and Hebble Canal

Contact: Brighouse Anglers Association

Tel: 01484 715832

Email: admin@brighouseangling.co.uk

Access is relatively easy to most lengths with parking at or close to access points. Towpaths are all tarmac. Day tickets from Calder Angling Supplies, Gooder Lane, Brighouse and A.J. Jewson, Horton Street, Halifax.

C Cellars Clough Fishery

Cellarsclough Mills, Manchester Road, Marsden, HD7 6LY

Tel: 07939 439234

Disabled access peg with parking.

C Flanshaw Dam

Spout Fold, off Flanshaw Lane, Wakefield, WF2 9JF

Contact: Wakefield Angling Club

Email: info@wakefieldac.co.uk

www.wakefieldac.co.uk

Club house and accessible toilet on site. Good, wide access path running around the dam.

C Harold Park Lake

Harold Park, Park Road, BD12

Contact: Bradford Council

Email: landscape.services@bradford.gov.uk

Tel: 01274 431000

Accessible paths around the lake. Day tickets from Bradford Council.

C Hemsworth Water Park

Hoyle Mill Road, Kinsley, Pontefract, WF9 5JB

Contact: Hemsworth Town Council

Tel: 01977 617617

Free blue badge parking. Many pegs suitable for disabled anglers. Accessible toilet and café on site.

Fishing

C Hopton Waters Fishery

Mirfield Farm and Leisure Centre, Off Highgate Lane, Upper Hopton, Mirfield

Tel: 01924 490357

Email: Enquiries@hoptonwaters.com

Disabled access, toilets and lakeside parking.

C Huddersfield Narrow Canal

Holmfirth, between Locks 11 (Leithch's) to Tunnel End at Marsden.

Contact: Slaithwaite and District Angling Club

Tel: 01484 545032

Good, accessible paths. Permits available from Chris Roberts Fishing Tackle, 22 Chapel Hill, Huddersfield, HD1 3EB (contact number above).

C Knotford Lagoon

Contact: Leeds & District ASA

Tel: 0113 248 2373

Email: enquiries@leedsdasa.co.uk

Approximately 1½ miles east of Otley off the A659. Park in official car park at the side of the lake. Day tickets available from Otley Angling and Country Sports on Cross Green, and other tackle shops.

C Longbottom's Dam

Contact: Spenborough and District Anglers Association

Tel: 01274 869917

Kirkgate, Birstall, WF17 9PB

Ample parking on the road side and very easy access to the water. Day tickets on site.

C Maggot Farm Pond

Stockings Lane, Knottingley, WF11 8TH

Tel: 07989085836

Two disabled pegs.

C Middleton Pond

Town Street, Middleton, LS10 3SH

Contact: Leeds City Council

Tel: 0113 378 1142

Tarmac path around the lake. Café, accessible toilets and car park on site.

Fishing

C & T New Mill Dam

Contact: Todmorden Angling Society
www.todangling.org
Near Lumbutts on Causeway Wood Road, OL14 6GJ.
Wheelchair accessible paths and pegs.

C Newmillerdam Lake

Barnsley Road, Newmillerdam, Wakefield, WF2 6QP
Contact: Wakefield Angling Club
Email: info@wakefieldac.co.uk
www.wakefieldac.co.uk
Accessible paths, Blue Badge parking and accessible toilets.

C None Go Bye Farm

Tel: 0113 2842206
Otley Old Road, Horsforth, Leeds, LS18 5HZ
Wheelchair accessible platforms. Farm shop and toilets on site.

C Pylon Lake

Accessed via the A655 that runs through Normanton
Contact: Pylon Fishing Club
Email: pylonanglingclub@gmail.com
Easy access from the lake side for disabled anglers.

C Portsmouth Reservoir

OL14 8QE, just off Burnley Road.
Contact: Todmorden Angling Club
www.todangling.org
Suitable for disabled people with very good access and fishing pegs. Small car park for disabled and Senior Citizen members only by the reservoir.

C Pugneys Country Park

Asdale Road, off Denby Dale Road, Wakefield, WF2 7EQ
Tel: 01924 302360
Fishing allowed on a section of the large lake. Purchase tickets from the visitor centre. Good path around the lake and some spots suitable for disabled anglers. Café and accessible toilets.

Fishing

C Ramsden Wood

OL14 7UD, near Walsden

Contact: Todmorden Angling Club

www.todangling.org

Easy access peg next to the car park.

C Swillington Park Fishery

Garden Cottage, Coach Road, Swillington, Leeds, LS26 8QA

Tel: 0113 2869129

Email: info@ratherbefishing.co.uk

Disabled access, toilets on site. Refreshments available at weekends.

C Walker's Dam

Contact: Wakefield Angling Club

Email: info@wakefieldac.co.uk

www.wakefieldac.co.uk

Good access path around the lake.

C Waterloo Lake

Mansion Lane, off Princes Avenue, LS8 2HH

Contact: Angling Alliance

Email: Meeepy53@gmail.com

Good access path, accessible toilets, Blue Badge parking and café on site.
Fishing allowed on certain areas of the lake.

C Winterset Reservoir

Haw Park Lane, Winterset, Wakefield, WF4 2EB

Contact: Leeds & District ASA

Tel: 0113 248 2373

Email: enquiries@leedsdasa.co.uk

Purchase tickets in advance. Accessible toilets and café at nearby Anglers Country Park.

C Yeadon Tarn

Cemetery Road, Leeds, LS19 7UR

Contact: Aireborough District Angling Association

Easy access to all pegs. There is a tarmac path around the tarn.

Accessible toilets and Blue Badge parking. Tickets available from Guiseley Angling Centre, 84 Otley Rd, Guiseley, Leeds LS20 8BH.

Riding for the Disabled Association (RDA)

Tel: 01926 492915

Email: info@rda.org.uk

www.rda.org.uk

The Association provides disabled people of all ages with the opportunity to ride and/or carriage ride for the general benefit of their health and well-being. There are several centres in West Yorkshire offering riding for disabled sessions. Contact the groups below or get in touch with the West Yorkshire County Chairman for further information on 01535 636008.

- **Ackworth Group**

Tel: 01977 614215

Email: ackworth.rda@aol.com

- **Cliff Hollins RDA**

Tel: 01274651386

Email: cliffhollinsrda@gmail.com

- **Emley Moor Group**

Tel: 01924 848219

- **Haworth Group**

Tel: 01535 649448

www.haworthrda.co.uk

- **Hebden Bridge Group**

Tel: 01422 847557

www.hebdenbridgerda.org.uk

- **Huddersfield Group**

Tel: 07399091710

- **Leeds Area Group**

Tel: 0113 269 7903

www.leedsrda.org.uk

- **Middleton Park Equestrian Centre Group**

Tel: 0113 277 1962

www.mpec-rda.co.uk

- **Otley RDA Group**

Tel: 01943 603111

www.otleyrda.org.uk

Horse Riding

- **Riverside Group**

Tel: 07807 109089

Email: moirawragg@hotmail.co.uk

- **St Ives Group (Bingley)**

Tel: 07944 357129

Email: bhchuter@aol.com

- **Snydale RDA**

Tel: 01977 794557

Email: karenfrendz@yahoo.co.uk

- **Throstle Nest Group**

Tel: 01274 639390

www.throstlenestridingschool.co.uk

- **Wakefield Group**

Tel: 01924 241341

www.pennine.org.uk/associates/wrda.php

Riding Stables

These stables are taken from the British Horse Society's website – www.bhs.org.uk. These are not listed as stables specifically for people with disabilities, but they may well offer accessible services.

Acrecliffe Riding School Equestrian Centre

Ellar Ghyll, Bradford Road, Otley, LS21 3DN

Tel: 01943 873912

Email: enquires@acrecliffe.co.uk

www.acrecliffe.ws42.com

Back Lane Stables

Back Lane, Farnley, Leeds, LS12 5HH

Tel: 0113 255 6615

Email: tate907@btinternet.com

www.backlanestables.co.uk

Laura Brennan Equestrian Centre

Brighouse and Denholmegate Road, Northowram, Halifax, HX3 7TL

Tel: 0789 111 2471

Email: info@laurabrennanec.co.uk

www.laurabrennanec.co.uk

Horse Riding

Northern Riding Centre

The Stables, Water Lane, Thornhill Road, Dewsbury, WF12 9PY

Tel: 01924 466240

Email: info@northernridingcentre.co.uk

www.thenorthernridingcentre.co.uk

Wilsden Equestrian Centre

New House Farm, Lane Side, Wilsden, Bradford, BD15 0LQ

Tel: 01535 439695

Email: wilsdenequestriancentre@gmail.com

www.wilsdenequestriancentre.co.uk

Horse racing

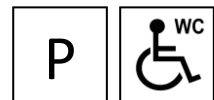
For details about horse racing, events, individual horses and contact details for tracks around the country check out: www.goracing.com

Pontefract Race Course (flat racing)

Racing Stables House, Park Lane, Pontefract, WF8 4QL

Tel: 01977 781307

www.pontefract-races.co.uk



Accessible toilets in all enclosures. Comprehensive access information available on the website or over the phone.

Wetherby Race Course (flat & jump racing)

York Road, Wetherby, LS22 5EJ

Tel: 01937 582035

www.wetherbyracing.co.uk



Disabled race-goers have designated parking spaces and viewing close to the winning post. Accessible toilets available.

Donkeys

The Donkey Sanctuary

Swan Lane, off Blackhill Lane, Eccup, Leeds, LS16 8AZ

Tel: 0113 261 9249

www.thedonkeysanctuary.org.uk



Centrally heated, indoor riding area and has large, safe indoor and outdoor play areas. During school holidays and Saturday Clubs there is the chance for special needs children to ride the donkeys along with their brothers and sisters. Ring for an appointment. Children too heavy to ride can drive in a cart; wheelchair cart also available.

3. Wildlife and Conservation

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Wildlife Clubs & Organisations

Badger Groups

The badger groups in West Yorkshire help to protect and conserve badgers. They can give advice and information:

- Kirklees Badger Protection Group
Tel: 07745 378039
Email: kirkleesbadgers@yahoo.co.uk
- Wakefield District Badger Group
Tel: 07939 585826
Email: wakefieldbadgergroup@gmail.com



Bradford Urban Wildlife Group

www.buwg.vpweb.co.uk

The group records, observes and protects Bradford's wildlife. They run a programme of field trips to local wildlife sites.

British Trust for Ornithology (BTO)

The Nunnery, Thetford, Norfolk, IP24 2PU

Tel: 01842 750050

Email: info@bto.org

www.bto.org

The BTO involve people in their national Garden Birdwatch Survey (GBW) which involves noting which birds and how many you have seen over a given time. The surveys are fun and a great way to help wildlife from your home. There are other surveys you can do from your garden.

Mid-Yorkshire Fungus Group

Contact: Anne Bowers (Secretary)

Tel: 0113 275 8957

www.myfg.org.uk

A small, friendly group of people who find, identify and record fungi in the Mid-Yorkshire area (approximately within a 30-mile radius of Leeds) and promote the conservation of fungi. They organise forays, talks and slide shows, identification evenings and socials.

Open Country

Community House, 46 East Parade, Harrogate, HG1 5LT

Tel: 01423 507227

Email: info@opencountry.org.uk

www.opencountry.org.uk

- The **Conservation Group** meet every Friday to 'work for wildlife'. Tasks include scrub clearing, tree planting and litter clean-ups. Most members have learning disabilities or mental health issues.

Wildlife Clubs & Organisations

- **Wild Things** is a club open to anyone regardless of ability. We aim to make all the activities wheelchair accessible. The group meets once a month to study wildlife. Sessions have included small mammal trapping, pond dipping and bird watching.

RSPB

North of England Regional Office: Denby Dale Office, Westleigh Mews, Wakefield Road, Denby Dale, Huddersfield, HD8 8QD

Tel: 0300 777 2676

www.rspb.org.uk

A national charity working to secure a healthy environment for birds and other wildlife. You can help out the wildlife in your garden by taking part in the annual 'Big Garden Birdwatch'; the world's largest wildlife survey. Their website also has advice for disabled bird watchers. There are several groups in West Yorkshire see www.rspb.org.uk/localgroups:

- **Airedale & Bradford Local Group**

Contact: Paul Barrett

Tel: 01274 582078

Email: AbRSPB@blueyonder.co.uk

Organises walks around nature reserves and has monthly indoor meetings (from September to April) held at The Kirkgate Centre in Shipley which has disabled access and an accessible toilet.

- **Huddersfield & Halifax Local Group**

Contact: David Hemingway

Tel: 01484 301920

Email: d.hemingway@ntlworld.com

www.rspb.org.uk/groups/huddersfieldandhalifax

Have occasional day trips to local nature reserves and hold regular monthly indoor meetings throughout the year at New North Road Baptist Church in Huddersfield. There is disabled access to the meeting room via a lift.

- **Leeds Local Group**

Contact: Ian Willoughby

Tel: 0113 2586555

Email: RSPBleeds@googlemail.com

www.rspb.org.uk/groups/leeds

They organise coach trips to birdwatching venues and have monthly illustrated talks at the Friends Meeting House, on Woodhouse Lane, Leeds (wheelchair accessible).

- **Wakefield District Local Group**

Contact: Duncan Stokoe

Tel: 01924 280458

Wildlife Clubs & Organisations

Email: duncanstokoe@gmail.com
www.rspb.org.uk/groups/wakefield

The main monthly meetings are held at Ossett Community Centre, on Prospect Road. They have monthly birdwatching outings by car or coach to local reserves and venues further afield.

Yorkshire Mammal Group

Email: secretary@yorkshiremammalgroup.org.uk
www.yorkshiremammalgroup.org.uk

Affiliated to the Mammal Society. They take part in all sorts of field and conservation work parties including surveys. Meetings are held regularly through the winter months with a wide range of guest speakers.

Yorkshire Naturalists' Union

www.ynu.org.uk

An association of amateur and professional naturalists covering a wide range of aspects of natural history. They study the 'old' county of Yorkshire, as individuals and through the many Affiliated Societies, many of which are local naturalists' groups. The YNU organises field meetings, training sessions and conferences throughout the county.

Yorkshire Wildlife Trust & Wildlife Watch

1 St. George's Place, York, YO24 1GN
Tel: 01904 659570
Email: info@ywt.org.uk
www.ywt.org.uk

The aim is to conserve and promote the diversity of Yorkshire wildlife and habitats for the benefit and well-being of both wildlife and people. There are staff and volunteers dedicated to nature reserve work, environmental education, conservation, advice and much more. Wildlife Watch groups are run by volunteers allowing children to meet and have fun exploring their environment and local wildlife.

- Regional Office: Stirley Community Farm, Off Hall Bower Lane
Berry Brow, Huddersfield, HD4 6RP
Tel: 01484 663185

West Yorkshire Bat Group

Email: enquiries@westyorkshirebats.org.uk
www.westyorkshirebats.org.uk

The West Yorkshire Bat group welcomes people of all ages, abilities and experience levels to join their group and help in the conservation of bats in West Yorkshire. The group carry out research, hands-on conservation work, education, consultation and training in the local community.



Accessible Bird Watching Sites

The following sites all have fully accessible bird hides or viewing platforms:

Adel Dam Nature Reserve

Map: OS Explorer 297 Grid ref: SE 271414
www.ywt.org.uk/reserves/adel-dam-nature-reserve



A Yorkshire Wildlife Trust site located about 6 miles from Leeds and accessed through Golden Acre Park. The level, gravel path leads to an accessible bird hide overlooking a small pond and a feeding station which is regularly visited by birds such as great spotted woodpeckers and nuthatches. It's also a great place to see mandarin ducks. Blue Badge parking, accessible toilets and wheelchair hire are available in Golden Acre Park (see the *Outings* section - page 29).

Anglers Country Park

Map: OS Explorer 278 Grid ref: SE 375153
www.wakefield.gov.uk



There is a wheelchair accessible route around the lake and three bird hides; one overlooking the main lake; great for spotting wildfowl, and the others overlooking the wetland. Blue Badge parking, accessible toilets and wheelchair hire are available at the visitor centre. Café on site (see the *Easy Going Walks* section - page 14).

Eccup Reservoir

Map: OS Explorer 289 Grid ref: SE 309417

Yorkshire Water's largest reservoir in West Yorkshire. The reservoir and surrounding woodlands are both Sites of Special Scientific Interest and great places for observing red kites. There is a small viewing platform on the dam wall (see the *Easy Going Walks* section - page 12).

Fairburn Ings RSPB

Map: OS Explorer 289 Grid ref: SE 451277
RSPB, Newton Lane, Ledston, Castleford, WF10 2BH
Tel: 01977 628191
www.rspb.org.uk



600 acres of wetland close to the A1. A board walk from the car park offers an excellent viewpoint for observing a great number of waterfowl. There is also a 500m board walk over marshy ground and good surfaced paths that lead to an accessible bird hide. The visitor centre is accessible, with an indoor picnic area overlooking a bird feeding station. A mobility scooter is available to hire, ring the visitor centre to book in advance. Further afield, paths are accessible to wheelchair users though there are some undulating areas. The Lin Dike Link and Coal Tips trails provide up to 4 miles of gravel paths running alongside the River Aire.

Accessible Bird Watching Sites

Rodley Nature Reserve

Map: OS Explorer 289 Grid ref: SE 235363
Moss Bridge Road, Leeds, LS13 1HP
Tel: 0113 204 0441
www.rodleynaturereserve.org



A great wetland nature reserve close to Leeds; located off Rodley Town Street and accessed by crossing the swing bridge over the Leeds and Liverpool Canal. Good for spotting a variety of wetland bird species as well as, warblers, reed buntings, snipe and kingfishers. Blue Badge parking at the visitor centre where there are also refreshments and accessible toilets. There is a firm, gravel path to several hides and viewing screens which have ramped access and wheelchair bays. Other paths are of mown grass and are only accessible in dry conditions. Only assistance dogs are permitted on the reserve. Open on Wednesdays, Saturdays and Sundays.



Pugneys Country Park

Map: OS Explorer 278 Grid ref: SE 324180
www.wakefield.gov.uk



An accessible bird hide overlooks the smaller lake and is a good place to see common terns in summer. Visitor centre with toilets and a café (see the *Easy Going Walks* section - page 15).

Accessible Bird Watching Sites

Notable others...

Outside West Yorkshire, these reserves have been included as they offer some of the finest and most accessible bird watching in the country.

Bempton Cliffs (RSPB)

Near Bempton, YO15 1JF

On the cliff road from Bempton village, on the B1229 from Flamborough

Tel: 01262 422212

Email: bempton.cliffs@rspb.org.uk

www.rspb.org.uk



The largest seabird colony and the only mainland gannetry in England. The reserve offers great views, especially during the breeding season from April to July, where more than 200,000 seabirds make the cliffs seem alive. A 200 yard accessible path from the visitor centre leads down to the cliff top path. Two of the five viewing points (Bartlett Nab and Grandstand) are reasonably accessible, and overlook the 400 foot high chalk cliffs. Some benches. The paths are narrow in places, and wheelchairs may have to go partly on the grass. Kiosk, information centre and shop. Tramper mobility scooters and wheelchairs available for loan, booking advised. Picnic area with spaces for wheelchairs. Admission charges.



Blacktoft Sands (RSPB)

On a minor road off the A161 to Redness & Ousefleet,

South of Goole.

Tel: 01405 704665

Email: blacktoft.sands@rspb.org.uk

www.rspb.org.uk



Accessible Bird Watching Sites

One of the best places in Northeast England to see avocets, marsh harriers and bearded tits. Boasts England's largest intertidal reed bed and is one of the country's top sites for migrating birds. There are good level paths, six accessible hides and an accessible toilet. There is also wheelchair loan available and a small visitor centre.

Old Moor - Dearne Valley (RSPB)

Nr Barnsley, S73 0YF

Tel: 01226 751593

Email: old.moor@rspb.org.uk



The reserve has a wide variety of wetland habitats with accompanying bird, plants and animal life. During the winter it is an important stopping-off point for ducks, geese and swans - plus 8,000 golden plovers! All paths, five hides and the visitor centre are fully accessible. Electric scooters and folding wheelchairs are available free of charge. There is a café on the first floor, accessed via the lift. Admission charges.

Potteric Carr Nature Reserve

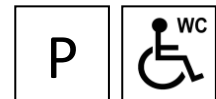
Sedum House, Mallard Way, Doncaster, DN4 8DB

From Junction 35 of the A1(M) follow the M18 along to junction 3 where you turn off onto the A6182 and follow signs to the reserve.

Tel: 01302 570077

Email: potteric.carr@ywt.org.uk

www.ywt.org.uk



A Yorkshire Wildlife Trust reserve with over 230 species of birds recorded, it also hosts an array of interesting flowers, plants and insects for anyone interested. The visitor centre and café is fully accessible. Some paths and routes are wheelchair friendly and several of the bird hides have ramped access. Admission charges.

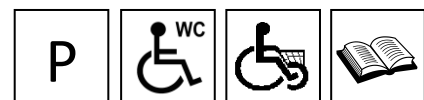
Saltholme (RSPB)

Seaton Carew Road, Port Clarence,
Middlesbrough, TS2 1TU

Tel: 01642 546625

Email: saltholme@rspb.org.uk

www.rspb.org.uk



This large, open reserve is situated among the heavy industry of the Tees Valley, offering staggering views of wildlife in a unique landscape. There are various hides on the reserve all of which are accessible, although the RSPB advise going with a helper to the hides further afield. There are four signposted trails surfaced in bound gravel, mostly on level ground with seating provided. The visitor centre has an accessible (indoor) bird viewing area and a café on the first floor (lift available). Parking charges apply (Blue Badge holders free).

Accessible Wildlife Sites

Bramham Park

Map: OS Explorer 289

Grid ref: SE 406415

Tel: 01937 846000



Fantastic place for wildflowers, including masses of twayblade orchids (see the *Outings* section, page 28).

Bretton Lakes

Map: OS Explorer 278

Grid ref: SE 281124

Tel: 01924 832631



Taking the bridleway path down from the Sculpture Park to the Lower Lake, the Heronry is a great place to see these magnificent birds close up. Toilets in adjacent Yorkshire Sculpture Park or Bretton Country Park (see the *Outings* section - page 34).



Brockadale

Map: OS Explorer 279

Grid ref: SE 504172

Leys Lane, Little Smeaton, Pontefract, WF8 3LJ

Contact: Yorkshire Wildlife Trust

Tel: 01904 659570

www.ywt.org.uk/reserves/brockadale-nature-reserve

Seven miles east of Pontefract, this varied nature reserve is home to such diverse habitats as ancient woodland, limestone grasslands and floodplain grasslands. A short accessible path leads from the car park to a bench and viewpoint but unfortunately no other paths are wheelchair accessible as yet.

Accessible Wildlife Sites

Kirkstall Valley Nature Reserve

Map: OS Explorer 289 Grid ref: SE 270346
Contact: Yorkshire Wildlife Trust
Tel: 01904 659570
Email: info@ywt.org
www.ywt.org.uk/reserves/kirkstall-valley-nature-reserve

A green oasis on the site of the former Kirkstall Power station and only 2 miles from Leeds city centre. Parking and entrance on Redcote Lane. Look out for ponds, a wildflower meadow and great views of the River Aire.

Middleton Woods Local Nature Reserve

Map: OS Explorer 289 Grid ref: SE 300290
Town Street, Middleton, Leeds, LS10 3SH
Contact: Leeds City Council
www.leeds.gov.uk
Tel: 0113 395 7400



One of the largest ancient woodland sites in West Yorkshire. There are tarmac paths around the visitor centre and parkland that are accessible for wheelchair users. In the woodland the main paths are also accessible but less so in wet weather. The visitor centre has a café and accessible toilets, but please note that the toilets shut when the café closes, so check for opening times. Mobility scooters available to hire for free from the visitor centre (see *Outings* – page 30 & *Horse Riding* – page 63).

Skelton Grange Environment Centre

Skelton Grange Road, Stourton, Leeds, LS10 1RS
Contact: The Conservation Volunteers
Tel: 0113 2430815
Email: skelton@tcv.org.uk
www.tcv.org.uk/skeltongrange



Provides environmental education and interpretation activities to pre-booked groups of local school children of all backgrounds and abilities. The wildlife area has meadows, a riverside path and two ponds. The site and buildings are accessible. Please call to arrange visits.

Stanley Marsh Local Nature Reserve

Map: OS Explorer 289 Grid ref: SE 346236
Contact: Wakefield Countryside Service
Lime Pit Lane, Stanley, Wakefield, WF3 4DF
Tel: 01924 303980
Email: countrysideinterp@wakefield.gov.uk

Created by mining subsidence, the reserve is a patchwork of woodland, meadow, marsh and ponds alive with wildlife. A $\frac{3}{4}$ mile wheelchair accessible path takes you around the reserve.

4. Volunteering

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General Volunteering Contacts

There are always lots of opportunities to get involved in your local countryside through volunteering for a conservation or community group. Try the following places and contacts to find out about local groups and projects in your area:

Websites

Do-it

www.do-it.org.uk

Do-it is a national database of volunteering opportunities. It has a section on disabled volunteers and contacts.

Volunteering England

www.volunteering.org.uk

The web site offers a range of resources for anyone who works with or manages volunteers as well as for those who want to volunteer.

Council for Voluntary Services & Volunteer Centres

Bradford Community and Voluntary Services

Voluntary Services Centre, 19-25 Sunbridge Road, Bradford, BD1 2AY

Tel: 01274 722772

Email: cvs@bradfordcvs.org.uk

www.bradfordcvs.org.uk

Keighley & Ilkley Community and Voluntary Action (KIVCA)

www.kivca.org.uk

- **Ilkley office**

Riddings Hall, Riddings Road, Ilkley, West Yorkshire, LS29 9LU

Tel: 01943 603348

Email: ilkley@kivca.org.uk

- **Keighley office**

Central Hall, Alice Street, Keighley, BD21 3JD

Tel: 01535 665258

Email: info@kivca.org.uk

Keighley Volunteer Centre

8-10 North Street, Keighley, BD21 3SE

Tel: 01535 609506

Email: admin@keighleyvc.co.uk

www.keighleyvc.co.uk

General Volunteering Contacts

Nova Wakefield District

11 Upper York Street, Wakefield, WF1 3LQ
Tel: 01924 367418
www.nova-wd.org.uk

Shipley and Baildon Volunteer Bureau

14 Commercial Street, Shipley, BD18 3SP
Tel: 01274 588 233
Email: shipleyvb@hotmail.com
www.shbvb.force9.co.uk

Shipley & Bingley Voluntary Services

Cardigan House, Ferncliffe Road, Bingley, BD16 2TA
Tel: 01274 781222
Email: admin@sbvs.org.uk
www.sbvs.org.uk

Voluntary Action Calderdale

Resource Centre, Hall Street, Halifax, HX1 5AY
Tel: 01422 348 777
Email: info@cvac.org.uk
www.cvac.org.uk

Voluntary Action Leeds

Stringer House, 34 Lupton Street, Hunslet, Leeds, LS10 2QW
Tel: 0113 297 7920
Email: info@val.org.uk
www.doinggoodleeds.org.uk/val

Volunteering Kirklees

12 New Street, Huddersfield HD1 2AR
Tel: 01484 519053
Email: info@vkirklees.org.uk
www.volunteeringkirklees.org.uk



Volunteering *Kirklees*

We support, help and connect

Volunteering in the Countryside

Bradford Environmental Education Service

Culture Fusion Building, 125 Thornton Road, Bradford, BD1 2EP

Tel: 01274 371303

Email: bees@bradfordymca.org.uk

www.bees-ymca.org.uk

BEES is the environmental education department of Bradford YMCA, running a broad range of environmental education programmes for young people, individuals and community groups. These include weekly volunteer conservation days on a range of sites around Bradford, managing areas for benefit of local people and wildlife whilst developing skills in a social group.

Calder Future

Tel: 01422 316661 / 07772 318 566

www.calderfuture.org.uk

Calder Future (part of Calderdale Sustainability Forum) is a partnership between the local community and agencies which have responsibility for waterways within the Calder Valley, to bring a co-ordinated approach to river and canal improvements and provide volunteering opportunities for those that live and work next to the water.

East Keswick Wildlife Trust

Tel: 01937 574140

Email: info@ekwt.org.uk

www.ekwt.org.uk

A village-based charity, founded in the early 1990's, which owns and manages considerable tracts of land within the parish boundary. They have weekly Friday and weekend work parties and charcoal burns three or four times a year at Ox Close Woods.

Friends of Haw Park Wood and Winterset

Waterton Countryside Discovery Centre, Anglers Country Park, Haw Park Lane, Winterset, Wakefield, WF4 2EB

Tel: 01924 303980

Email: countrysideinterp@wakefield.gov.uk

The group helps the countryside rangers to manage and maintain Anglers Country Park and Haw Park Wood. The rangers can also give you information on volunteering on other Wakefield sites.

Groundwork

www.groundwork.org.uk

A charity that helps people and organisations make changes in order to create better neighbourhoods, to build skills and job prospects, and to live

Volunteering in the Countryside

and work in a greener way. Contact them for details of volunteer opportunities:

- **Leeds office**

Environment and Business Centre, Merlyn-Rees Avenue, Morley, LS27 9SL

Tel: 0113 238 0601

Email: leeds@groundwork.org.uk

- **Wakefield office**

Block C, Normanton Town Hall, High Street, Normanton, WF6 2DZ

Tel: 01924 307222

Email: wakefield@groundwork.org.uk

Leeds Council Parks and Countryside Service

Tel: 0113 395 7400

Email: parks@leeds.gov.uk

There are many volunteer groups to join e.g. the Friends of Roundhay Park, Leeds Wildlife Volunteers and Friends of Chevin Forest. Examples of volunteer work include: practical work such as gardening or nature conservation, fundraising, organising community events, promotion and publicity and surveying wildlife.

National Trust

Yorkshire Office: Goddards, 27 Tadcaster Road, York, YO24 1GG

Tel: 01904 702021

Email: yne.customerenquiries@nationaltrust.org.uk

www.nationaltrust.org.uk/volunteer

The National Trust has many voluntary options including gardening, leading walks, holiday assistance, wardening, information stewards and conservation tasks. Training is provided.

Open Country, Harrogate

Tel: 01423 507227

Email: info@opencountry.org.uk

www.opencountry.org.uk

- The **Trailblazers** meet each Tuesday to help create and maintain accessible paths for all in the Harrogate District. Many of the group members have mental health issues and learning disabilities.
- The **Conservation Group** meets each Friday on conservation projects around Harrogate District and beyond. We work closely with many wildlife organisations helping to preserve the countryside for wildlife and people. Many members of the group have mental health issues and learning disabilities.

Volunteering in the Countryside

- **Volunteer on activities:** We run many activities in the countryside for people with disabilities and are always looking for volunteers who can help lead a member with visual impairments, help push a wheelchair and provide moral support. It's a great chance to make friends, help others and get out and about in the countryside.

Royal Society for the Protection of Birds (RSPB)

Tel: 0300 7772 676

www.rspb.org.uk/joinandhelp/volunteering

The RSPB offer a range of volunteering roles which can be tailored to your skills, interests and circumstances. You can search online for opportunities in West Yorkshire or contact:

- **Fairburn Ings**

Tel: 01977 628191, Email: fairburnings@rspb.org.uk

The Conservation Volunteers (formerly BTCV)

www.tcv.org.uk

TCV is Britain's largest environmental organisation involving the public in practical nature conservation work. Transport, training and refreshments are provided. There are volunteering opportunities in Leeds and Wakefield:

- **Hollybush Conservation Centre**

Broad Lane, Kirkstall, Leeds, LS5 3BP

Tel: 0113 274 2335, Email: J.Kandola@tcv.org.uk

- **Skelton Grange Environment Centre**

Skelton Grange Road, Stourton, Leeds, LS10 1RS

Tel: 0113 243 0815, Email: skelton@tcv.org.uk

www.tcv.org.uk/skeltongrange/volunteering

- **TCV Wakefield**

2 Navigation Yard, Kirkgate, Wakefield, WF1 5PQ

Tel: 01924 299815, Email: d.westbury@tcv.org.uk

Woodland Trust

Tel: 0330 333 3300 (Enquiries)

Email: volunteering@woodlandtrust.org.uk

www.woodlandtrust.org.uk/get-involved

The UK's leading woodland conservation charity that plant trees, protect woods and inspire people to enjoy the nature on their doorstep. Volunteers have been involved at every level of the Trust's work over the last 40 years, from getting their hands dirty in the woods to sitting on the board of trustees, or carrying out nature surveys.

Volunteering in the Countryside

Woodscape

Email: huddersfield.woodscape@ntlworld.com
www.woodscape.org.uk

A volunteer community group based in Huddersfield which looks after the Bradley Gate, Screamer, Dyson and Fell Greave woodland. Each week the group meet to take part in a variety of projects that improve the woodland. These projects help protect, care for and develop the area and its wildlife while making it more accessible and enjoyable for those who use it.

Yorkshire Amphibian & Reptile Group

Email: newyorksarg@gmail.com
<http://groups.arguk.org/NEWYorksARG/>

Throughout the year the group require help with activities including site monitoring for amphibians and reptiles, amphibian reintroductions to amphibian swabbing and contributing to national programmes aimed at determining the extent of amphibian disease in the UK.

Yorkshire Wildlife Trust

1 St George's Place, York, YO24 1GN
Tel: 01904 659570
Email: volunteering@ywt.org.uk
www.ywt.org.uk

Volunteers are crucial to the work of Yorkshire Wildlife Trust and there are many voluntary opportunities available. Some of these may be done from home e.g. lobbying local MPs. Some involve work with children, some involve practical work on reserves, office help, collecting money and much more. They also offer voluntary traineeships which range from 6-months to one year and are perfect for picking up skills for a future career in conservation. For current opportunities contact the head office above, or you can get in touch with the sub-regional office:

- **Stirley Community Farm**

Off Hall Bower Lane, Berry Brow, Huddersfield, HD4 6RP
Tel: 01484 663185



Yorkshire
Wildlife Trust

Countryside Employment

As well as paid employment, many environmental organisations take on volunteers on formal work experience schemes that are advertised alongside job adverts. The services listed below are some of the best. We recommend the following:

Countryside Jobs Service (CJS)

Countryside Jobs Service, The Moorlands, Goathland, Whitby, North Yorkshire, YO22 5LZ

Tel: 01947 896007

Email: ranger@countryside-jobs.com

www.countryside-jobs.com

The CJS brings together available countryside jobs, both paid and voluntary, from a wide range of sources and organisations.

Environment Job

Working Planet Limited, 18 Southernhay West, Exeter, EX1 1PJ

Tel: 01392 491578

Email: admin@environmentjob.co.uk

www.environmentjob.co.uk

Web based information about both paid and voluntary job opportunities as well as courses and events.

Environment Post

ADC Environment, 58 Kingsley Close, Wickford, Essex, SS12 0EN

Tel: 01268 450024

Email: jobs@environmentjobs.co.uk

www.environmentjobs.co.uk

Includes job and voluntary vacancies from environmental journals and papers worldwide. Also details student placements.

The Guardian newspaper

<https://jobs.theguardian.com/jobs/environment>

Find details of environmental and conservation jobs online or in the printed newspaper on Wednesdays.

Yorkshire Post

Tel: 0113 243 2701

www.yorkshirepost.co.uk/jobs

Details of local job opportunities are advertised on a Thursday.

5. Useful information

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Community Transport

Community Transport organisations across West Yorkshire provide transport services to anyone in the county who does not have easy access to other forms of transport, including the elderly, those with disabilities, people with special needs or people living in remote communities with little or no public transport.

Their minibuses are fully accessible. You are advised to book in advance, preferably giving at least 24 hours' notice. Most Community Transport schemes will accept Concessionary Bus passes and offer free or reduced cost travel for any helpers you may need to enable you to enjoy your journey.

British Red Cross

Transport support Leeds: Humanity House, 2 Armley Court, Armley Road, Leeds, LS12 2NB

Tel: 01132 015 240

The British Red Cross offers transport support for medical appointments and essential daily needs.

Community Transport Calderdale

Unit B8/B10 Tenterfields Business Park, Luddendenfoot, HX2 6EQ

Tel: 01422 888080

Email: info@ctcalderdale.co.uk

www.ctcalderdale.org.uk

Core services include: a Community Care Service, an Accessible Minibus Service and a Home from Hospital Minibus Service.

CT Plus Yorkshire

www.ctplusyorks.org

Part of the award-winning social enterprise HCT Group, CT Plus Yorkshire deliver the *Leeds AccessBus* service and *Leeds Alternative Travel*, helping community groups and people with mobility difficulties and/or disabilities to get out and about. They operate out of two West Yorkshire Depots:

- Leeds depot: 179 Water Lane, Leeds, LS11 9UD
Tel: 0113 245 4691
- Wakefield depot: Greens Industrial Park, Calder Vale Road, Wakefield, WF1 5PF Tel: 01924 377084

Dragon Community Transport

St George's Community Centre, Broadway, Lupset, Wakefield, WF2 8AA

Telephone 01924 369631

Email: info@stgeorgeslupset.org.uk

www.stgeorgeslupset.org.uk

St George's hire out an accessible minibus with a driver included.

Community Transport

FDM (For Disability Mobility)

Tel: 0113 288 9000

Email: info@fdmbus.org.uk

www.fdmbus.org.uk

Fully accessible minibus for groups of elderly and disabled adults and children based in South Leeds. Registration required before booking.

Holbeck Elderly Aid

Oak House, Balm Walk, Holbeck, LS11 9PG

Tel: 0113 245 5553

Email: admin@hea-services.org.uk

www.holbeckelderlyaid.org.uk

The Transport facility provides the opportunity to enable older people to engage in social activities, lunch clubs and shopping, social activities or organised trips.

Ilkley Community Transport

Riddings Hall, Riddings Road, Ilkley, West Yorkshire, LS29 9LU

Tel: 01943 603348

Email: info@ct.ilkley.org

www.ct.ilkley.org

Operates a shopper's service from Addingham and hire out fully accessible minibuses to groups from Addingham, Burley in Wharfedale, Ilkley and Menston areas. They also run a Volunteer Car Scheme; transport is primarily for medical appointments.

Keighley Community Transport Dial-A-Ride

Unit 6 & 7, Goulbourne House, Goulbourne Street, Keighley, BD21 1PG

Tel: 01535 609278

Email: klycomtransport@googlemail.com

www.klycomtransport.weebly.com

Provides a mini-bus transport service and have several wheelchair accessible minibus's available to groups and two wheelchair accessible cars for their "Dial A Ride" service.

Kirklees Good Neighbours

Paddock Village Hall, West View, Paddock, Huddersfield, HD1 4TX

Tel: 01484 453679

Email: kirkleesgn@royalvoluntaryservice.org.uk

A local community scheme which offers befriending and social transport for older people in Kirklees. They provide a weekly visit and signposting to other services.

Community Transport

Metro AccessBus

Wellington House, 40-50 Wellington Street, Leeds, LS1 2DE

Tel: 0113 348 1903

Email: accessbus@westyorks-ca.gov.uk

A dial-a-ride, door-to-door bus service for people who have difficulty using conventional public transport. It is provided free of charge to West Yorkshire residents who are over 60 or have a disability.

Newlands Community Transport

Tel: 01274 780005

www.newlandstransport.org.uk

Non-profit community transport based in north-east Bradford.

Otley Action for Older People

Tel: 01943 463965

Email: info@otleyactionforolderpeople.org.uk

www.otleyactionforolderpeople.org.uk

Runs a Volunteer Car Scheme and provide minibus trips for meals out, shopping, drives in the country, market towns, and stately homes.

Shipley and Bingley Voluntary Services

Cardigan House, Ferncliffe Road, Bingley, West Yorkshire, BD16 2TA

Tel: 01274 781 222

www.sbvsv.org.uk

Three minibuses available to hire seven days a week for one-off or regular bookings, by community groups and other non-profit organisations.

Health For All (Leeds)

Tenants Hall Enterprise Centre, Acre Close, Middleton, Leeds, LS10 4HX

Tel: 0113 2706903

Email: info@healthforall.org.uk

www.healthforall.org.uk

Offers high quality, efficient and safe transport services to school, youth and community groups, voluntary and statutory organisations.

Windmill Community Transport

European House, 93 Wellington Road, Leeds, LS12 1DZ

Tel: 07904 556857

Email: info@windmillcoaches.org.uk

www.windmillcoaches.org.uk

Windmill provide wheelchair accessible executive coach hire for communities, voluntary groups and private charter.

Public Transport

The range of public transport opportunities in West Yorkshire is too large to list here but the following contacts may give you a head start in finding out what is available.

Tourist Information Centres are also often a good place to ask about transport options, car parking, cycle stands and street parking regulations in the local area. Please see pages 95 and 96 for a list of Tourist Information Centres.

National Express Coaches

Tel: 0371 781 8181 (Assisted Travel Helpline)
www.nationalexpress.com

They can give journey details, take reservations, sell tickets, agree the level of assistance required at each stage of your journey and advise on what help can be provided.

National Rail Enquiries

Tel: 08457 484950 (open 24hrs)
www.nationalrail.co.uk

National Rail enquiries provide information on rail travel including routes, departure times and costs, as well as information for disabled passengers on travel assistance, discounts, accessible stations and train facilities.

Train Travel

A telephone pre-booking service is offered by all train operators to assist people with disabilities and restricted mobility. Facilities will vary from station to station. Most stations ask you to book assistance 24 hours in advance. Contact the operators below for further details:

- **Cross Country Trains**

Tel: 0344 811 0125 (JourneyCare Team)
Text phone: 0344 811 0126
Email: customer.relations@crosscountrytrains.co.uk
www.crosscountrytrains.co.uk

- **East Midlands Trains**

Tel: 03457 125 678 (option 3)
www.eastmidlandstrains.co.uk

- **First TransPennine Express**

Tel: 0800 107 2149
www.tpexpress.co.uk

- **Grand Central**

Tel: 0344 811 0072
Text phone: 0344 556 1400
www.grandcentralrail.com

Public Transport

- **Northern Rail**

Tel: 08081 561606 (freephone)

Email: assistance@northernrail.org

www.northernrailway.co.uk

- **Virgin Trains East Coast**

Tel: 03457 225 333

Email: customers@virgintrainseastcoast.com

www.virgintrainseastcoast.com

Traveline Yorkshire

Tel: 08712 002 233

www.yorkshiretravel.net

Impartial journey planning information about all public transport services - buses, coaches, trains and trams, throughout Yorkshire.

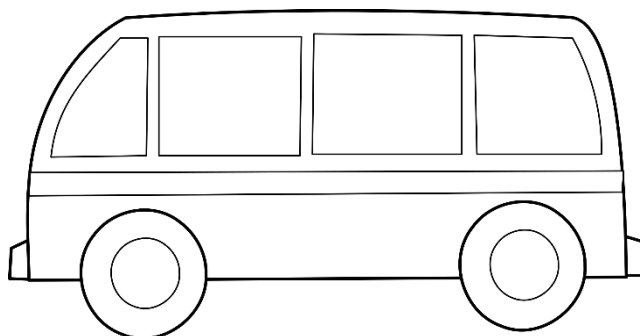
West Yorkshire Metro

Wellington House, 40-50 Wellington Street, Leeds, LS1 2DE

Tel: 0113 245 7676

www.wymetro.com

In West Yorkshire, buses and local trains are overseen by Metro (West Yorkshire Passenger Transport Executive). West Yorkshire Day Rovers give unlimited off-peak travel, while Metro cards cover longer periods. Large bus operators such as First and Arriva also offer good value deals that you can buy on the bus. Many bus routes in West Yorkshire offer low floor, easy access buses which can accommodate one wheelchair. Most of the main bus stations have accessible toilets, variable height ticket counters and highly visible staff presence to assist all passengers. A telephone pre-booking service is offered by Huddersfield Bus Station to assist people with disabilities and restricted mobility. To pre-book your visit call 01484 515736 between 9am and 5pm Monday to Friday.



RADAR, Blue Badge Parking & Wheelchair Hire

Disability Rights UK (Formerly RADAR)

Tel: 020 7250 8181

Email: enquiries@disabilityrightsuk.org

www.disabilityrightsuk.org

Disability Rights UK works to create a society where everyone with lived experience of disability or health conditions can participate equally as full citizens. Disability Rights UK is led, run and controlled by disabled people, who make up at least three-quarters of its board members.



The RADAR National Key Scheme (NKS) ensures that one key will open wheelchair accessible toilets throughout the country. RADAR padlocks are also increasingly used on many nature reserves and cycle paths. Keys are available directly from Disability Rights UK. You can no longer buy the NSK Guide as a book, but you can request regional lists of RADAR toilets when you purchase a key.

Blue Badge Scheme

www.gov.uk/apply-blue-badge

The Blue Badge scheme is for people with severe mobility problems. It allows Blue Badge holders to park close to where they need to go. The scheme operates throughout the UK and is managed by local authorities, who deal with applications and issue Blue Badges.

Blue Badge holders may:

- Park as long as they wish in a disc parking zone provided that the Blue Badge is displayed.
- Park on a single or double yellow line for up to three hours provided that the Blue Badge and time disc is displayed and the vehicle causes no obstruction.
- Always check individual car parks to see if you are required to pay or not as practice differs widely.

Wheelchair Hire

Many of the places in this Directory have wheelchairs and scooters available for loan, either free or relatively cheaply. For other outlets ring your local Tourist Information Centre (see pages 95-96), or contact your local Shopmobility unit. See details on the next page...

Shopmobility

Shopmobility schemes allow anyone who has difficulty walking, access to manual or powered wheelchairs and scooters. The Shopmobility units can also provide you with useful information about accessible areas within the city or town centre.

www.nfsuk.org

Bradford

Unit 174, The Oastler Centre, Bradford, BD1 3ST
Tel: 01274 435252

Halifax

4-6 The Square, Woolshops, Halifax, HX1 1RJ
Tel: 01422 344040

Huddersfield

12 New Street, Huddersfield, HD1 2AR
Tel: 01484 535 994

Leeds

White Rose Shopping Centre, Dewsbury Road, Leeds, LS11 8LU
Tel: 0113 277 3636

Wakefield

Ridings Shopping Centre, Wakefield, WF1 1DS
Tel: 01924 787788



Disability Links & Publications

Disability Advice Bradford

103 Dockfield Road, Shipley, BD17 7AR

Tel: 01274 594173

Email: enquiry@disabilityadvice.org.uk

www.bradforddisabilityservices.co.uk

DaB help disabled people to help themselves to take up the same opportunities that non-disabled people have open to them.

Disability Information and Advice Line (DIAL Wakefield)

Castleford, Civic Centre, Ferrybridge Road, Castleford, WF10 4JH

Tel: 01977 723933/34

www.dialwakefield.co.uk

DIAL Wakefield covers the Wakefield Metropolitan District Council area. They provide a free, comprehensive, confidential, independent advice and information service to disabled people, their carers, families, friends and other professionals. The service is provided by people who have personal experience of disability and/or caring roles. They have the skills and expert knowledge to advise on a range of disability issues.

People in Action (Leeds)

The Enterprise Foundation, 3rd Floor, Symons House, Belgrave Street, Leeds, LS2 8DD

Tel: 0113 247 0411

Email: info@peopleinaction.org.uk

www.peopleinaction.org.uk

People in Action provide a range of activities to encourage people with learning difficulties and other disabilities to improve education, learning, independence and wellbeing.

Scope

www.scope.org.uk

Tel: 0808 800 3333

For free, independent and impartial emotional support or disability advice, you can contact Scope's free helpline.

Scope Calderdale Community Outreach Service

The Bembridge Park Centre, Frances Street, Halifax, HX1 53Y

Tel: 01422 361880

Email: scope.aspire@scope.org.uk

Scope Calderdale Community Outreach Service provides two services. The Pathways Group supports adults aged 18+ who have become disabled through illness or accident and is funded through the Calderdale Primary Care Trust. The Outreach Service provides people with a physical

Disability Links & Publications

disability with a range of vocational, educational and recreational activities which will promote their independence and develop independent living skills.

Through the Maze

Bridge House, Balm Road, Leeds, LS10 2TP

Tel: 0113 270 3233

Email: ttm@citn.org.uk

www.through-the-maze.org.uk

Through the Maze is an information service that helps people with learning disabilities and their carers to find out about social and leisure activities, holidays, housing, work, training and college courses. Their website has a great database of organisations.

Publications

Breakfree

Contact: Open Country

Tel: 01423 507227

Email: info@opencountry.org.uk

www.opencountry.org.uk

Three Harrogate District Breakfree packs grade fully accessible walks and places of interest by the gradient and surface of the paths whilst also detailing all amenities and potential obstacles on clear, colour maps. Especially suitable for parents, wheelchair users, cyclists and anyone with limited mobility. Call Open Country for a copy. You can download our latest 'Wild About Wharfedale' pack from our website.

Countryside Directories

Contact: Open Country

Tel: 01423 507227

www.opencountry.org.uk

At Open Country we know just how difficult it is for people with disabilities and their carers to obtain information. Whether it's places to go, things to do, or clubs to join, countryside directories such as these ones can help. We have online directories available to download for free from our website, covering North Yorkshire, East Yorkshire, South Yorkshire, Teesside, Lancashire and County Durham.



Disability Links & Publications

We also have some information leaflets on accessible walks in Yorkshire. Please call to request any of the following: Barmby Barrage, Brayton Woods, Swinsty Reservoir, Easy Going Trail from Pateley Bridge to Glasshouses, Easy Going Nature Trail on Skipwith Common, Easy Going along the River Wharfe at Ilkley, Easy Going facilities and routes around Bolton Abbey.

'Doing Life Differently' guides

Contact: Disability Rights UK

Tel: 020 7250 8191

www.disabilityrightsuk.org

A series of publications written by and for people living with a disability or health condition. Packed with practical advice about how to do everyday things differently, including careers, sports, money, IT and transport. The guides are available to download for free from the Disability Rights UK website or you can purchase them for £3.99 each.

National Trust: Information for Visitors with Disabilities

Tel: 0344 800 1895 (local call rates apply)

Email: enquiries@nationaltrust.org.uk

www.nationaltrust.org.uk

The National Trust publishes regularly updated booklets containing useful information about access and amenities at the National Trust properties in each region. The series of booklets covers all of England and Wales and can be downloaded from the National Trust website.

Rough Guide to Accessible Britain

www.accessibleguide.co.uk

The award-winning 'Rough Guide to Accessible Britain' is produced in association with Motability and contains information and tips on days out for disabled people. Each review includes all the access information you need to enjoy your day including, disabled parking, wheelchair access and more. It is available to download free from their website.



Yorkshire Dales National Park Authority

Tel: 0300 4560030

Email: info@yorkshiredales.org.uk

www.yorkshiredales.org.uk

The Yorkshire Dales National Park Authority has published 17 'Miles Without Stiles' routes which you can download from their website. You can also buy them at the National Park centres or directly from their online shop.

Tourist Information Centres

Bradford

Britannia House, Broadway, Bradford, BD1 1JF
Tel: 01274 433678
Email: bradford.vic@bradford.gov.uk

Dewsbury

Dewsbury Library, Dewsbury Retail Park, Dewsbury, WF12 8EQ
Tel: 01924 325086
Email: dewsbury.lic@kirklees.gov.uk

Halifax

Piece Hall, Halifax, HX1 1RE
Tel: 01422 368725
Email: halifax@ytbtic.co.uk

Haworth

2-4 West Lane, Haworth, BD22 8EF
Tel: 01535 642329
Email: haworth.vic@bradford.gov.uk

Hebden Bridge

Visitor & Canal Centre, Butlers Wharfe, New Road, Hebden Bridge, HX7 8AF
Tel: 01422 843831
Email: hebdenbridge@ytbtic.co.uk

Holmfirth

Holmfirth Library, 47, Huddersfield Road, Holmfirth, HD9 3JH
Tel: 01484 414868
Email: holmfirth.tic@kirklees.gov.uk

Huddersfield

Huddersfield Library, Princess Alexandra Walk, Huddersfield, HD1 2SU
Tel: 01484 221959
Email: huddersfield.lic@kirklees.gov.uk

Ilkley

Town Hall, Station Road, Ilkley, LS29 8HB
Tel: 01943 602319
Email: ilkley.vic@bradford.gov.uk

Leeds

Visit Leeds & Art Gallery Shop, Headrow, Leeds, LS1 3AA
Tel: 0113 242 5242
Email: tourinfo@leeds.gov.uk

Tourist Information Centres

Marsden

Marsden Library, Peel Street, Marsden, Huddersfield, HD7 6BW

Tel: 01484 414868

Email: marsden.lic@kirklees.gov.uk

Otley

Nelson Street, Otley, LS21 1EZ

Tel: 01943 466572

Email: otleytic@leedslearning.net

Saltaire

Salts Mills, Victoria Road, Saltaire, BD18 3LA

Tel: 01274 437942

Email: saltaire.vic@bradford.gov.uk

Todmorden

15 Burnley Road, Todmorden, OL14 7BU

Tel: 01706 818181

Email: info@visittodmorden.co.uk

Wakefield

9 The Bull Ring, Wakefield, WF1 1HB

Tel: 0345 601 8353

Email: vic@wakefield.gov.uk

Wetherby

Westgate House, Westgate, Wetherby, LS22 6LL

Tel: 01937 582151

Email: wetherbytic@leedslearning.net



Websites Worth a Surf...

Accessible Countryside for Everyone (ACE)

www.accessiblecountryside.org.uk

Age UK

www.ageuk.org.uk

Direct Enquiries (The Nationwide Access Register)

www.directenquiries.com

Disability Action Yorkshire

www.disabilityactionyorkshire.org.uk

DisabledGo

www.disabledgo.com

Disabled Holiday Information

www.disabledholidayinfo.org.uk

English Heritage

www.english-heritage.org.uk

Fieldfare Trust

www.fieldfare.org.uk

Forestry Commission

www.forestry.gov.uk

Mencap

www.mencap.org.uk

Mind

www.mind.org.uk

National Trust

www.nationaltrust.org.uk

Natural England

www.gov.uk/government/organisations/natural-england

Open Country

www.opencountry.org.uk

Websites Worth a Surf...

Remap

www.remap.org.uk

Sensory Trust

www.sensorytrust.org.uk

Sustrans

www.sustrans.org.uk

The Yorkshire Dales

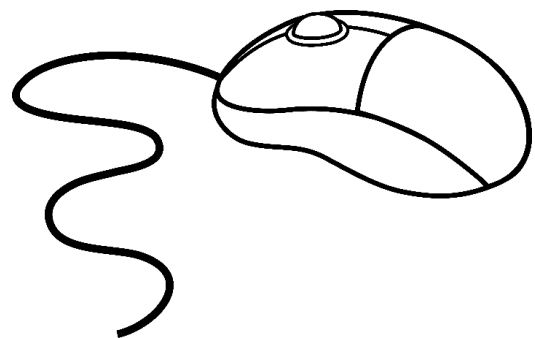
www.yorkshiredales.org.uk

Yorkshire Great Houses, Castles and Gardens

www.castlesandgardens.co.uk

Yorkshire Tourist Board

www.yorkshire.com



The Countryside Code

For anyone visiting the countryside it is well worth remembering the Countryside Code:

Respect other people

- Consider the local community and other people enjoying the outdoors
- Leave gates and property as you find them and follow paths unless wider access is available

Protect the natural environment

- Leave no trace of your visit and take your litter home
- Keep dogs under effective control

Enjoy the outdoors

- Plan ahead and be prepared
- Follow advice and local signs



By following these basic guidelines, the countryside stays open to everyone whilst helping the people, animals and wildlife who live there. For more information visit www.naturalengland.org.uk

Cycling and Horse Riding

Cyclists and horse riders should be familiar with the Highway Code if they intend to use public roads:

- Always give way to walkers
- Cyclists should give way to horse riders on bridleways
- Give adequate warning of your approach
- Always ride in control and wear a helmet
- Be extra careful when approaching bends and path junctions
- Ensure that your bike is safe to ride

For more information visit www.gov.uk/rules-for-cyclists-59-to-82

The Funders & Authors

The Funders

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The Authors

This Directory was revised by members of Open Country. Thanks also to our volunteer, Phil Noonan who helped with the research.

Open Country

Open Country was set up in 1990 to enable anyone with any disability to access and enjoy the countryside. In 2006, we were presented with The Queens Award for Voluntary Service, followed by The Duke of York's Community Initiative in 2008 and again in 2014.

We run a fun activities programme throughout the year, suitable for all ages and abilities, ranging from walking and cycling, to outings, wildlife study, outdoor pursuits and practical conservation work. In addition, we provide an advice service about access issues and creating paths accessible for everyone.

The Open Country staff have joined the project from a countryside background of work and personal interest. This Directory is just one of the ways that we try to let people know about what is available to them and how they can get involved. There are also directories available for East Yorkshire, South Yorkshire, North Yorkshire, County Durham, Lancashire and Teesside. They can be downloaded from: www.opencountry.org.uk

Our directories are free but we always welcome donations. You can donate online via Virgin Money Giving: www.virginmoneygiving.com or by phone: text OCAP37 specifying the amount you would like to donate to 70070.

We hope you use this Directory to get more involved with the countryside and enjoy all the benefits and fun that comes with it.



Disclaimer

The authors of this Directory have made every effort to ensure that the information included was right at the time of going to print. However, we cannot accept any responsibility for any errors or omissions, or any loss or damage arising from the use of this information. We advise Directory users to ensure the suitability of all services described for their individual needs.



We hope to be able to up-date this Directory in the future. If you have any comments, additions, up-dates or suggestions as to how we may improve this directory please contact us at:

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