

Countryside Activities programme



KEY to features on activities:



Open Country is the Yorkshire charity that ensures people with disabilities can access and enjoy the countryside. This is our very first year of running a Barnsley activities programme, we hope you like it! At this stage we are just running a series of taster sessions in South Yorkshire. If you are interested in any of the activities in here, give us a bell to book on—get in quickly to avoid missing out. **All bookings must be made over the telephone or via email.**

We are in need of some new volunteer supporters in South Yorkshire to help guide members with sight impairments on walks, assist wheelchair users on outings and pilot tandems on evening rides.

A big thank you to all the National Lottery players for supporting our new Barnsley project.



ADVENTURE

HAVE YOUR KAYAK AND EAT IT!



Saturday 17th August

Admission: £15 Trip: £10

Travel time: 1 hour

A trip to Ellerton Lake for some fun in the water! Members can enjoy a few hours of paddleboarding, kayaking and wild swimming.

AQUA PARK



Sunday 15th September

Admission: £20 Trip: £10

Travel time: 30 minutes

A visit to Rother Valley Country Park to complete the inflatable obstacle course in the water. Sorry, this is not wheelchair accessible.

TANDEM CYCLING

We are currently running taster sessions for our Tandem Cycling Club on the following dates:

Tuesday 23rd July, 6pm—9pm

Tuesday 20th August, 6pm—9pm

Tuesday 3rd September, 6pm—9pm

Tuesday 24th September, 6pm—9pm

Our wheelchair duet bike might also be available for these sessions.

OUTINGS

Aimed primarily at those with physical disabilities and sensory impairments, accessible transportation can pick you up and drop you off home afterwards.

EDEN CAMP



Sunday 7th July

Admission: £15 Trip: £10

Travel time: 2 hours

A ride out to Malton to visit this modern history museum, with a range of outdoor memorabilia and aircrafts from World War 1 and 2.

YORKSHIRE SCULPTURE PARK



Saturday 20th July

Admission: £6 Trip: £10

Travel time: 30 minutes

A range of sculptures, art and wildlife on offer at this world-famous park in Bretton.

LADYBOWER FISHING



Friday 23rd August

Admission: FREE Trip: £10

Travel time: 1 hour

Wrap up warm and let's head back over to spend time on Ladybower Reservoir with our friends at the *British Disabled Angling Association*, trying our hands at freshwater fishing. A range of adaptive equipment and boats are on offer to ensure all can enjoy the fun on the water.

STANDEGE TUNNEL



Saturday 14th September

Admission: £12 Trip: £10

Travel time: 1 hour

A canalside stroll from Marsden to join the Canal and Rivers Trust for an accessible canal cruise into the Standedge Tunnel, the longest, highest canal tunnel in Britain!

WALKS

Open to any ambulant disabled adult, with volunteer guides on hand to help guide you. The minibus will be able to pick you up from central Barnsley and drop you off there afterwards.

WORSBOROUGH TO WENTWORTH



Friday 27th September

Trip: £10 Travel: 30 minutes

A longer 7 mile circular walk from Worsborough Mill to Wentworth Gardens, enjoying a picnic in our very own sensory segment in the Union Jack Gardens.

